

# Strangle Hold

Count: 32

Wand: 4

Ebene: Intermediate

Choreograf/in: Jan Wyllie (AUS)

Musik: What Kind of Hold - David Ball



- 1 Rock/step right to right side while raising left heel  
2 Transfer weight to left while lowering left heel  
3-4 Stamp right beside left, hold

## COASTER STEP

- 5&6 Step back on left, step right beside left, step forward on left  
7-8 Step forward on right & pivot  $\frac{1}{4}$  turn left transferring weight to left
- 9-10 Touch right heel across in front of left, step right forward  
11-12 Touch left heel across in front of right, step left forward
- 13-14 Touch right heel across in front of left, touch right heel to right side  
15-16 Touch right heel across in front of left, step right heel to right side making  $\frac{1}{4}$  turn left
- 17-18 Touch left toe behind right foot & pivot  $\frac{1}{2}$  turn left, transfer weight to left  
19-20 Step forward on right & pivot  $\frac{1}{2}$  turn left, transfer weight to left
- 21&22 Shuffle forward right-left-right  
23&24 Shuffle forward left-right-left
- 25-26 Step forward on right & pivot  $\frac{1}{4}$  turn left, transfer weight to left  
27-28 Step forward right, hold
- 29-30 Making a full turn right step forward left-right  
31&32 Shuffle forward left-right-left

## REPEAT

If using "What Kind Of Hold" by David Ball, on wall 5 (when facing the front again) replace count 27 with a stamp and restart the dance again after count 28.

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