

# Straighten Up

Count: 64

Wand: 1

Ebene: Improver two step

Choreograf/in: Yvonne Krause (USA)

Musik: If You Don't Straighten Up - Scooter Lee



## SAILOR STEPS RIGHT AND LEFT, WALK FORWARD

- 1-2& Step right foot to right side, cross left behind right, step right to right side  
3-4& Step left to left side, cross right behind left, step left to left side  
5-6-7-8 Walk forward right, left, right, left

## SAILOR STEPS RIGHT AND LEFT, WALK BACKWARD

- 1-2& Step right foot to right side, cross left behind right, step right to right side  
3-4& Step left to left side, cross right behind left, step left to left side  
5-6-7-8 Walk backwards right, left, right, left

## ROCK RECOVER, CROSS AND CROSS, REPEAT ON LEFT

- 1-2 Rock to right side, rock onto left in place  
3&4 Cross right foot over left, right ball change, ball change  
5-6 Rock to left side, rock onto right in place  
7&8 Cross left foot over right, left ball change, ball change

## ROCK FORWARD & BACK, SHUFFLE ½ TURN, ROCK FORWARD & BACK, COASTER STEP

- 1-2 Rock forward on right foot, rock back on left  
3&4 Shuffle on right making ½ turn right, stepping left, right, left  
5-6 Rock forward on left foot, rock back on right  
7&8 Step back left, step right beside left, step forward left

## ROCK RECOVER, CROSS AND CROSS, REPEAT ON LEFT

- 1-2 Rock to right side, rock onto left in place  
3&4 Cross right foot over left, right ball change, ball change  
5-6 Rock to left side, rock onto right in place  
7&8 Cross left foot over right, left ball change, ball change

## ROCK FORWARD & BACK, SHUFFLE ½ TURN, ROCK FORWARD & BACK, COASTER STEP

- 1-2 Rock forward on right foot, rock back on left  
3&4 Shuffle on right making ½ turn right, stepping left, right, left  
5-6 Rock forward on left foot, rock back on right  
7&8 Step back left, step right beside left, step forward left

## SHUFFLES, FULL TURN, SHUFFLES, POINT & HOLD

- 1&2 Step forward on right, close left beside right, step forward right  
3-4 Step on left and swing yourself around onto right foot. (two steps full turn)  
5&6 Step forward on left, close right beside left, step forward left  
7-8 Point right toes to right side and hold

## BACKWARD TRIPLE STEPS (LOCK STEPS)

- 1&2 Step back right. Lock left across right. Step back right  
3&4 Step back left. Lock right across left. Step back left  
5&6 \*Step back right. Lock left across right. Step back right  
7&8 Step back left. Lock right across left. Step back left

**REPEAT**

**ENDING**

To end the dance you will start the first eight steps over, then the last four steps will be a jazz box  
You can turn this into a two wall dance by turning the triple steps into a shuffle ½ turn on 5&6 then on step  
7&8 just do a shuffle

---