

# Stop The Clock

Count: 32

Wand: 4

Ebene: Improver contra dance

Choreograf/in: Dave Fife (UK)

Musik: The Heart Stops The Clock - James Bonamy



## **SYNCOPATED JUMPS, & OUT CLAP, & IN CLAP, KICKBALL STEP, UNWIND $\frac{3}{4}$ TURN RIGHT**

- &1-2            Jump feet apart (right left), hold & clap  
&3-4            Jump feet together (right left), hold & clap  
5&6            Kick right foot forward, step in place on ball of right foot with weight on right, step left foot slightly forward  
7-8            Cross right behind left, unwind  $\frac{3}{4}$  turn light (weight on right)

## **CHASSE LEFT, ROCK BACK, CHASSE RIGHT, ROCK BACK & TURN**

- 1&2            Step left to left side, close right beside left, step left to left side  
3-4            Step right foot behind left, rock forward onto left  
5&6            Step right to right side, close left beside right, step right to right side  
7-8            On ball of right make  $\frac{1}{4}$  turn left rocking back onto left, rock forward onto right

## **STEP TOUCH, STEP TOUCH, CROSS $\frac{1}{4}$ TURN, $\frac{1}{2}$ TURNING SHUFFLE**

- 1-2            Step forward on left, touch right to right side  
3-4            Step forward on right, touch left to left side  
5-6            Cross left over right, on ball of left foot make  $\frac{1}{4}$  turn left as you step back onto right foot  
7&8            Step back on left turning  $\frac{1}{4}$  turn left, close right beside left, step left  $\frac{1}{4}$  turn left

## **STEP PIVOT $\frac{1}{2}$ TURN, RIGHT SHUFFLE FORWARD, FULL TURN, LEFT SHUFFLE FORWARD**

- 1-2            Step forward on right, pivot  $\frac{1}{2}$  turn left  
3&4            Step forward on right, close left beside right, step forward on right  
5-6            On ball of right make  $\frac{1}{2}$  turn right stepping back on left, on ball of left make  $\frac{1}{2}$  turn right stepping forward onto right  
7&8            Step forward on left, close right beside left, step forward on left

## **REPEAT**

## **TAG**

When using the James Bonamy track the music slows down at the beginning of wall 8, as you approach the end of section 1 following the kickball change. Cross right behind left slowly unwind  $\frac{3}{4}$  turn & pause slightly. Pick up the dance again where you left off when he sings the word clock