

# Stop And Go

Count: 32

Wand: 4

Ebene: Improver

Choreograf/in: Matesa (AUT)

Musik: Come Go With Me - The Beach Boys



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## KICK, ¼ TURN STEP, KICK, STEP, KICK BALL STEP, STEP, HOLD

- 1-2 Kick right foot forward, turn ¼ right as you step right next to left  
3-4 Kick left foot forward, step left next to right  
5&6 Kick right foot forward, step right next to left, step left forward  
7-8 Step right forward, hold

## ½ TURN RIGHT, STEP, HOLD, TWO TRIPLE ½ TURNS

- 1-2 Step forward left, make ½ turn right  
3-4 Step forward left, hold  
5&6 Turn ½ left while doing a triple step right-left-right  
7&8 Turn ½ left while doing a triple step left-right-left

Counts 5-8 should be done almost in place

Easier option for counts 5-8: replace triple turns by

## SHUFFLE FORWARD RIGHT, SHUFFLE FORWARD LEFT, KEEPING STEPS SMALL

- 5&6 Shuffle forward right-left-right  
7&8 Shuffle forward left-right-left

## SIDE ROCK, SLOW SAILOR STEPS

- 1-4 Rock right to right side, step left in place, cross right behind left, rock left to left side  
5-8 Step right in place, cross left behind right, rock right to right side, step left foot forward

## ½ TURN, HOLD, ½ TURN, HOLD

- 1-4 Step forward right, make ½ turn left, step forward right, hold and clap  
5-8 Step forward left, make ½ turn right, step forward left, hold and clap

## REPEAT

## TAG

For Supergrass track, after wall 8 (facing front wall) repeat last eight counts

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