

# Step Back

Count: 32

Wand: 4

Ebene: Beginner

Choreograf/in: Bill Bader (CAN)

Musik: Angelyne - Nitty Gritty Dirt Band



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## **BACK, TOGETHER, BACK, HITCH, FORWARD, TOGETHER, FORWARD, HITCH ½ TURN LEFT**

- 1-2-3 Step right back, step left beside right, step right back
- 4 Hitch left knee up
- 5-6-7 Step left forward, step right beside left, step left
- 8 Hitch right knee up across left turning ½ left (now facing the 6:00 wall)

## **BACK, TOGETHER, BACK, HITCH, FORWARD, TOGETHER, FORWARD, HITCH ¼ TURN LEFT**

- 1-2-3 Step right back, step left beside right, step right back
- 4 Hitch left knee up
- 5-6-7 Step left forward, step right beside left, step left
- 8 Hitch right knee up across left turning ¼ left (now facing the 3:00 wall)

## **VINE RIGHT 3 STEPS, HITCH, VINE LEFT 3 STEPS, HITCH**

- 1-2-3 Step right to right side, cross step left behind right, step right to right side
- 4 Hitch left knee up
- 5-6-7 Step left to left side, cross step right behind left, step left to left side
- 8 Hitch right knee up

## **STEP BACK WITH HIP PUSH, HOLD, FORWARD HIP PUSH, HOLD, PUSH HIPS BACK-FORWARD- BACK-FORWARD**

- 1-2 Step right back pushing hips back to right, hold. (feet remain in place now until the end.)
- 3-4 Push hips forward to left, hold
- 5-6 Push hips back to right, then forward to left
- 7-8 Push hips back to right, then forward to left

**REPEAT**

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