

Stampede

Count: 48

Wand: 0

Ebene:

Choreograf/in: Diane Holtz (USA) & Linda Wurst

Musik: Stampede - Chris LeDoux



TOE FANS (BEGIN FACING LOD)

- 1-2 Fan right toes to right, fan right toes back to center
- 3-4 Fan right toes to right, fan right toes back to center
- 4-5 Fan left toes to left, fan left toes back to center
- 7-8 Fan left toes to left, fan left toes back to center

FORWARD SHUFFLES, OUT, OUT, IN, CROSS, UNWIND, HOLD

- 1&2 Step forward right, step left together, step forward right
- 3&4 Step forward left, step right together, step forward left
- &5 Jump right foot slightly out to right side, jump left foot slightly out to left side
- &6 Jump right foot in to center, jump left foot in and across in front of right
- 7-8 Unwind ½ turn to right, hold and clap

FORWARD SHUFFLES, OUT, OUT, IN, CROSS, UNWIND, HOLD

- 1-8 Repeat previous 8 counts

FORWARD SHUFFLES, HEEL JACKS

- 1&2 Step forward right, step left together, step forward right
- 3&4 Step forward left, step right together, step forward left
- &5 Step back on right, touch left heel forward
- &6 Step together left, right
- &7 Step back on left, touch right heel forward
- &8 Step together right, left

FORWARD SHUFFLES, KICK, STEP, KICK, STEP, KICK, CROSS, KICK

- 1&2 Step forward right, step left together, step forward right
- 3&4 Step forward left, step right together, step forward left
- 5& Kick right across in front of left, step right next to left
- 6& Kick left across in front of right, step left next to right
- 7&8 Kick right forward, hook right across in front of left, kick right forward

FORWARD SHUFFLES, ½ TURN LEFT, ½ TURN LEFT, STEP, STEP

- 1&2 Step forward right, step left together, step forward right
- 3&4 Step forward left, step right together, step forward left
- 5-6 Turn ½ turn left stepping back on right, turn ½ turn left stepping left forward
- 7-8 Step forward right, step (or stomp) left next to right

REPEAT
