

# Spirit Of The Dance

Count: 48

Wand: 4

Ebene: Intermediate

Choreograf/in: Angie Sloane (UK)

Musik: The Spirit of the Hawk - Rednex



## STOMP, STOMP, OUT, IN, OUT, IN

- 1-2 Stomp right foot forward, stomp left foot forward  
&3&4 Swivel heels out, in, out, in  
5-6 Stomp right foot forward, stomp left foot forward  
&7&8 Swivel heels out, in, out, in

## ROCK, COASTER STEP, ROCK, ½ TURN SHUFFLE

- 1-2 Rock right foot forward, rock back onto left foot  
3&4 Coaster step back on right foot  
5-6 Rock left foot forward, rock back onto right foot  
7&8 Shuffle ½ turn left stepping left, right, left

## CROSS, SIDE, SAILOR STEP, CROSS, SIDE, SAILOR STEP

- 1-2 Cross right foot over left foot, step left foot to the left side  
3&4 Left sailor step  
5-6 Cross left foot over right foot, step right foot to the right side  
7&8 Right sailor step

## JAZZ BOX ¼ TURN LEFT

- 1-2 Cross right foot over left foot, step left foot back  
3-4 Pivot ¼ turn left stepping right foot back, step left foot forward

## KICK & POINT, KICK & POINT

- 1& Kick right foot forward, step right foot beside left foot  
2 Point left foot to the left side  
3& Kick left foot forward, step left foot beside right foot  
4 Point right foot to the right side

## ROCK, ½ TURN SHUFFLE, ROCK, COASTER STEP

- 1-2 Rock right foot forward, rock back onto left foot  
3&4 Shuffle ½ turn right stepping right, left, right  
5-6 Rock left foot forward, rock back onto right foot  
7&8 Coaster step back on left foot

## VAUDEVILLES

- 1-2 Step right foot to the right side, cross left foot behind right foot  
&3 Step right foot back, touch left heel forward  
&4 Step left foot beside right foot, cross right foot over left foot  
5-6 Step left foot to the left side, cross right foot behind left foot  
&7 Step left foot back, touch right heel forward  
&8 Step right foot beside left foot, cross left foot over right foot

## REPEAT