Spice Up Your Line



Count: 0 Wand: 3 Ebene: Advanced

Choreograf/in: Michael Bromley (UK)

Musik: Spice Up Your Life - Spice Girls



Sequence: INTRO, ABBC ABB ABBB

The choreographer was age 10 when this dance was written

INTRO

Right at the beginning you will hear an introduction 1-4 Rock step, recover, triple in place 5-32 Repeat 1-4 seven more times

PART A

GRAPEVINE RIGHT KICK STEP TURN 1/2 LEFT KICK BALL CHANGE

1-2	Step right to right side. Cross left behind right
3-4	Step right to right side. Touch left beside right

5&6 Kick left foot forward and step down making ½ turn over right shoulder

7&8 Kick left foot forward and step on it. Touch right beside left

SIDE RIGHT LEFT, LEFT BEHIND TWICE VAUDAVILLE STEPS RIGHT STEP LEFT STOMP

9-10	Step right to right side. Cross left behind right
11&12	Step right to right side. Cross left across right step back on right and present left heel
13&14	Cross right over left step back on right and present right heel
15&16	Step forward right stomp left and change weight
17-32	Repeat counts 1-16 except turn 1/4 not 1/2 and scuff don't stomp

TWICE CHARLSTON STEPS WITH CLAPS

33-34	Step forward left, kick right foot forward
35-36	Step back right, touch left foot behind right
37-40	Repeat steps 33 to 36

ROLLING VINE LEFT TOUCH, SIDE SLIDE RIGHT TOUCH

41-42	Step to the left side on left foot as you make a $\frac{1}{4}$ turn left. As you put your right foot back make an $\frac{1}{2}$ turn
	make an /2 turn
43-44	Step left foot to left side making another ¼ turn which completes a full turn and touch right
	toes next to left toes
45-48	Step right to right side and slide your left up to your right over 3 counts

PART B

LEFT ROCK CHA-CHA-CHA, RIGHT ROCK CHA-CHA-CHA

49-50	Rock weight onto left, then back onto right
51&52	Step left, right, left (cha, cha, cha.)
53-54	Rock weight onto right, then back onto left. Shimmying shoulders
55&56	Step right, left, right (cha, cha, cha.)

LEFT HEEL GRIND WITH A COASTER STEP, SWEEP RIGHT MAKING A FULL TURN LEFT

57-58	Rock forward on left heel, recover weight on right foot
59&60	Step back left, step right beside left, step left foot forward
61-64	Sweep right across left and make a full turn left over 4 counts
65-90	Repeat counts 49 to 50 again

PART C PADDLE 1/4 X4

91-92 Step right foot forward paddle ¼ left 93-98 Repeat counts 91 to 92 3 more times

CROSS SIDE SAILOR, CROSS SIDE SAILOR

99-100 (Cross right over	left, step left t	o left side
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Step right behind left, step beside right, step forward on right
Repeat counts 99 to 102 again only on your left leg not your right

POINT HITCHES WITH A MONTEREY

108-109	Touch right toe to right side, hitch right knee
110-111	Touch right toe to right side, hitch right knee
112-113	Touch right toe to right side, on ball of left pivot half a turn right as you transfer your weight back onto your right
114-115	Touch left toe to left side, step left next to right
116-123	Repeat counts 108 to 115 again