# Speed Stick

**Count:** 40

Ebene: Intermediate

Choreograf/in: John Bailey (CAN)

Musik: Mari-Mac - Great Big Sea

## HEEL, SCOOT & HITCH

- 1& Touch right heel forward, hitch right knee & scoot forward with left
- 2& Touch right heel forward, hitch right knee & scoot forward with left
- 3&4 Touch right heel forward, step down on right, stomp left beside right (no weight)

### SYNCOPATED WEAVE

- 5-6 Step out to the left with left foot, bring right behind
- &7 Step out to the left with left foot, bring right across left
- 8& Step left beside right, stomp right beside left (no weight)

### SHUFFLE, WALK, SCUFF, SCOOT, STEP, SHUFFLE (WHEW!)

- 9&10 Shuffle forward with right (rt, lt, rt)
- 11-12 Walk forward with left, then right
- 13&14 Scuff left heel forward, hitch left knee & scoot back on right, step back with left
- 15&16 Shuffle back with right

### **TOE TOUCHES & SCOOTS**

- Touch left toe back, scoot back on right leg 17&
- 18& Touch left toe back, scoot back on right leg
- 19& Touch left toe back, scoot back on right leg
- 20 Bring left beside right

## SYNCOPATED WEAVE

- 21-22 Step out to the right with right foot, bring left behind
- &23 Step out to the right with right foot, bring left across right
- &24 Step out to the right with right foot, stomp left beside (no weight)

## SHUFFLE, WALK, SCUFF, SCOOT, STEP, SHUFFLE WITH 1/4 TURN (YIKES!)

- 25&26 Shuffle forward with left (lt, rt, lt)
- 27-28 Walk forward with right, then left
- Scuff right heel forward, hitch right knee & scoot forward on left foot, step forward with right 29&30
- Shuffle in place with left, right, left making a 1\4 turn right 31&32

#### FUNKY HOEDOWN!

- 33& Touch right heel forward, hitch right leg (toe pointing behind & down - leg bent at knee) & hop slightly forward on left
- Touch ball of right foot back, hitch right leg & hop slightly back on left 34&
- Touch right heel forward, step down on right foot & hitch left knee, touch ball of left foot 35&36 beside right
- 37& Touch left heel forward, hitch left leg (leg bent toe pointing behind & down) & hop slightly forward on right
- 38& Touch ball of left foot back, hitch left leg & hop slightly back on right
- 39&40 Touch left heel forward, step down on left foot & hitch right knee, touch the ball of right foot beside left

REPEAT





Wand: 4