

# Soul Sister

Count: 32

Wand: 4

Ebene:

Choreograf/in: A.T. Kinson (USA)

Musik: Lady Marmalade - All Saints



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## **SIDE STEP, SYNCOPATED CROSS ROCK/KNEE LIFT, SAILOR SHUFFLE, CROSS STEP- $\frac{3}{4}$ TWIST, COASTER STEP**

- 1-2 Left foot step to left side, right foot rock across left foot
- &3 Recover weight to left foot, lift right knee into figure 4
- 4& Right foot step across behind left foot, left foot step to left side
- 5-6 Right foot step in place, left foot step across in front of right foot
- 7 Twist turn right  $\frac{3}{4}$  ending with right foot in front of left foot (weight on left foot)
- 8&1 Right foot step back, left foot step next to right foot, right foot step forward

## **$\frac{1}{4}$ RIGHT, FORWARD ROCK, BACK PIVOT TURNING RIGHT, TWO FORWARD STEPS, SIDE BREAK, SIDE TOGETHER LEFT**

- 2 Turning  $\frac{1}{4}$  right rock left foot forward (yes,  $\frac{1}{4}$  right)
- 3-4 Recover weight to right foot, left foot step back with  $\frac{1}{2}$  pivot turn right
- &5 Right foot step forward, left foot step forward
- 6&7 Right foot step to right side, left foot step in place, right foot step next to left foot
- 8& Left foot step to left side, right foot step next to left foot

## **$\frac{1}{4}$ LEFT, FORWARD STEP, ROCK/TAP STEP, $\frac{1}{4}$ RIGHT, SIDE TOGETHER SIDE, ROCK & RONDE $\frac{1}{2}$ LEFT, COASTER STEP**

- 1-2 Turning  $\frac{1}{4}$  left step left foot forward, right foot rock forward
- &3 Tap toe of left foot behind right foot with calves crossed, recover weight to left foot turning  $\frac{1}{4}$  right
- 4&5 Right foot step to right side, left foot step next to right foot, right foot step to right side
- 6-7 Left foot rock forward, recover weight to right foot and ronde left foot  $\frac{1}{2}$  left
- 8&1 Left foot step back, right foot step next to left foot, left foot step forward

## **FORWARD ROCK, $\frac{1}{4}$ TURN RIGHT, SYNCOPATED SIDE ROCK, BACK ROCK, SIDE TOGETHER LEFT**

- 2-3 Right foot rock forward, recover weight to left foot
- 4 Turning body  $\frac{1}{4}$  right step right foot to right side
- &5 Left foot step in place, right foot step next to left foot
- 6-7 Left foot rock back, recover weight to right foot
- 8& Left foot step to left side, right foot step next to left foot

**REPEAT**

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