Someone Come And Rescue Me



Count: 40 Wand: 4 Ebene: Improver

Choreograf/in: Jessica Richards (UK)

Musik: S.O.S. (Rescue Me) - Rihanna



CROSS ROCK, SIDE ROCK, WEAVE, TOUCH

1-2	Cross rock right over left, recover onto left
3-4	Rock right to right side, recover onto left
5-6	Step right to right side, step left behind right
7-8	Step right to right side, step left next to right

FORWARD LOCK RIGHT, FORWARD LOCK LEFT, PIVOT ½ TURN, KICK (OUT OUT)

1&2	Step forward on right, lock left behind right, step forward on right
3&4	Step forward on left, lock right behind left, step forward on left

5-6 Step forward on right, pivot ½ turn left

7-8 Kick right forward, step back on right and left

ROCK CROSSES X 3, SIDE SHUFFLE

1-2	Rock cross right over left, recover on left
3-4	Rock cross right over left, recover on left
5-6	Rock cross right over left, recover on left

7&8 Step right to right side, step left next to right, step right to right side

SWAY 1/4 TURN LEFT X 4

1-2	Sway left to left side making ¼ turn left, recover onto right
3-4	Sway left to left side making ¼ turn left, recover onto right
5-6	Sway left to left side making ¼ turn left, recover onto right
7-8	Sway left to left side making ¼ turn left, recover onto right

CROSS ROCK, 1/4 TURN MAMBO TWICE

1-2	Cross rock left over right, recover onto right
3&4	Step left to left side, step right next to left, step left to left side making 1/4 turn left
5&6	Rock right to right side, recover on left, recover on right
7&8	Rock left to left side, recover on right, recover on left

REPEAT