

# Smooth Sailin' (Long Version)

**COPPER** KNOB  
STEPSHEETS

Count: 64

Wand: 4

Ebene: Intermediate

Choreograf/in: Bob Reid (USA)

Musik: If You're Waiting On Me - The Kendalls



## WALK, WALK, CROSS ROCK, STEP, TURN ¼, SIDE SHUFFLE

- 1-2 Step forward right, step forward left
- 3&4 Cross right over left, recover onto left, step side right
- 5-6 Cross left over right, step right to right with ¼ turn left
- 7&8 Step side left, together right, side left

## CROSS ROCK, CROSS ROCK, TURN ¾, STEP, TOUCH

- 1&2 Cross right over left, recover onto left, step side right
- 3&4 Cross left over right, recover onto right, step side left
- 5&6 Turn ¾ left as you shuffle right, left, right
- 7-8 Step back on left, touch right toe forward

## WALK, WALK, TURNING JAZZ BOX, CROSS, SIDE, HEEL, TOE, TOUCH

- 1-2 Step forward right, step forward left
- 3&4 Cross right over left, step left to left with ¼ turn right, step right to side
- 5-6 Cross left over right, side right
- 7&8 Left heel to right, left toe to right, touch left toe beside right

## COASTER STEP, CROSS, TURN ½, COASTER STEP, KICK BALL TOUCH

- 1&2 Step back left, together right, forward left
- 3-4 Cross right over left, turn ½ left on balls of feet (weight on right)
- 5&6 Step back left, together right, forward left
- 7&8 Kick right foot forward, step right next to left, touch left toe next to right

## WALK, WALK, CROSS ROCK, TURN ¼, SIDE SHUFFLE

- 1-2 Step forward left, step forward right
- 3&4 Cross left over right, recover onto right, step side left
- 5-6 Cross right over left, step left to left with ¼ turn right
- 7&8 Step side right, together left, side right

## CROSS ROCK, CROSS ROCK, TURN ¾, STEP, TOUCH

- 1&2 Cross left over right, recover onto right, step side left
- 3&4 Cross right over left, recover onto left, step side right
- 5&6 Turn ¾ right as you shuffle left, right left
- 7-8 Step back on right, touch left toe forward

## WALK, WALK, TURNING JAZZ BOX, CROSS, SIDE, HEEL, TOE, TOUCH

- 1-2 Step forward left, step forward right
- 3&4 Cross left over right, step right to right with ¼ turn left, step left to side
- 5-6 Cross right over left, side left
- 7&8 Right heel to left, right toe to left, touch right toe beside left

## COASTER STEP, CROSS, TURN ½, COASTER STEP, JAZZ BOX

- 1&2 Step back right, together left, forward right
- 3-4 Cross left over right, turn ½ right on ball of feet (weight on left)
- 5&6 Step back right, together left, forward right

7&8

Cross left over right, step right to right with  $\frac{1}{4}$  turn left, step forward left

**REPEAT**

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