

# Smooth Groove

Count: 48

Wand: 2

Ebene: Intermediate

Choreograf/in: M.T. Groove (UK)

Musik: Have You Ever - Brandy



## SWAY SWAY, ¾ STEP BALL STEP, ¼ ROCK RECOVER STEP FORWARD, ROCK RECOVER

- 1-2 Sway right, sway left  
3&4 Make a ¾ turn over right shoulder with a step ball step (right, left, right)  
5&6 Make a ¼ turn right as you rock left to left side, recover right, step forward on left  
7-8 Rock forward on right, recover left

## 1 ¼ TURN RIGHT SIDE STEP, CROSS SIDE ROCK TWICE, RUN RUN KICK

- 1&2&3 Make a ½ turn right step forward right, make a ½ turn right step back on left, make a ½ turn right step forward on right, make a ¼ turn right step left to left side, step right (big step) to right side (facing 9:00)  
4&5 Cross left over right, rock right to right side, recover left  
6&7 Cross right over left, rock left to left side, recover right  
&8& Step forward left, right, kick left foot forward

## BACK LOCK STEP ½ TURN, FORWARD LOCK STEP, ¼ TURN CROSS FULL UNWIND, BEHIND SIDE CROSS

- 1&2& Step back on left, lock right across left, step back on left, make a ½ turn right as you step forward on right  
3&4 Step forward on left, lock right behind left, step forward left  
&5-6 Make a ¼ turn left as you step back on right, step left to left side, cross right over left  
7-8&1 Unwind a full turn left, sweep left behind right, step right to right side, cross left over right

## SIDE STEP (TORQUE), TRIPLE FULL TURN LEFT, CROSS ROCKS TWICE TOUCH

- 2-3&4 Step right to right side, as you twist upper body right preparing for next count, make a triple full turn left stepping left, right, left  
5&6 Cross rock right over left, recover left, step right to right side  
&7&8 Cross rock left over right, recover right, step left to left side, touch right next to left

**Restart here during wall 2. You'll be facing the back**

## DOROTHY STEPS TWICE, STEP PIVOT ½ TURN, ROCKING CHAIR, SPIRAL FULL TURN

- 1-2& Step forward right, lock left behind right, step forward right  
3-4& Step forward left, lock right behind left, step forward left  
5& Step forward right, pivot ½ turn left  
6&7&8 Rock forward on right, recover left, rock back on right, recover left, step forward on right making a spiral full turn left

## STEP ROCK ¼ TURN, ROCK RECOVER ½ TURN, ¾ SPIN, HOLD

- 1-2&3 Step forward left, rock right forward, recover left, make ¼ turn right as you step forward right  
4-5-6 Rock forward left, recover right, make a ½ turn left step forward left  
7-8 Spin a ¾ turn left on the balls of the feet, hold (weight on left)

**REPEAT**