

# Smooth

Count: 0

Wand: 1

Ebene: Intermediate

Choreograf/in: Brenda Sprader (USA)

Musik: Smooth (feat. Rob Thomas) - Santana



Sequence: AAB TAG-1 AAB TAG-2 AB AAA

## PART A

### SIDE ROCK STEP, LEFT SIDE SHUFFLE, ROCK STEP, SHUFFLE TURN ½ LEFT

- 1-3 Step right to right side, rock back on left, recover taking weight on right  
4&5 Shuffle side left stepping left, right, left  
6-7 Rock back on right, recover taking weight on left  
8&1 Making a ½ turn left, shuffle forward right, left, right

### COASTER STEP, KICK BALL STEP, WALK, WALK, HEEL SWITCHES

- 2&3 Step back on left, step right next to left, step forward on left  
4&5 Kick right forward, step on ball of right next to left, step forward on left  
6-7 Step right forward, step left forward  
8&1 Touch right heel forward, step right next to left, touch left heel forward

### HEEL SWITCH TOE BACK, SCUFF HITCH, SWIVEL TWIST, FRONT SAILOR SHUFFLE

- 2&3 Touch left heel forward again, step left next to right, touch right toe back  
4&5 Scuff right forward, hitch right leg, step down on right  
6-7 Swivel heels right turning ½ left, swivel heels left turning ½ right  
8&1 Step right in front of left, step left to left side, step right to right side

### ½ TURN RIGHT, FULL TURN TRIPLE, COASTER STEP, WALK

- 2-3 Step left forward, pivot ½ right  
4&5 Step left, right, left turning 1 full turn in place to the right  
6&7 Step back on right, step left next to right, step forward on right  
8 Step left forward

## PART B

### SIDE STEP TOUCH CLAP, SIDE STEP TOUCH CLAP, ROLL VINE, TOUCH

- 1-2 Step right to right side, touch left next to right and clap  
3-4 Step left to left side, touch right next to left and clap  
5-8 Step right to right side beginning full turn right, continue turning stepping left, right moving to the right, touch left to side

### HITCH SEQUENCE, LEFT SIDE SHUFFLE, ROCK STEP, & STEP

- 1-3 Left knee hitch across right, touch left to left side, left knee hitch across right  
4&5 Shuffle side left stepping left, right, left  
6-7&8 Cross rock right over left, recover taking weight on left, step right to right side, step left to left side

### HITCH SEQUENCE, RIGHT SIDE SHUFFLE, ROCK STEP, & STEP

- 1-3 Right knee hitch across left, touch right to right side, right knee hitch across left  
4&5 Shuffle side right stepping right, left, right  
6-7&8 Cross rock left over right, recover taking weight on right, step left to left side, step right to right side

**SAILOR SHUFFLE LEFT, SAILOR SHUFFLE RIGHT, STEP, ½ TURN RIGHT, ROCK RECOVER, ¼ TURN LEFT**

- 1&2 Step left behind right, step ball of right next to left, step forward on left
- 3&4 Step right behind left, step ball of left next to right, step forward on right
- 5-6 Step left forward, pivot ½ right
- 7&8 Rock forward left, recover taking weight on right, step left home pivoting ¼ left on ball of right

**HEEL SWITCHES, POINT, RONDE', UNWIND, HIP BUMPS**

- 1&2&3 Touch right heel forward, step right next to left, touch left heel forward, step left next to right, touch right toe forward
- 4-5 Sweep right foot around to lock behind left
- 6&7&8 Unwind ¾ right (front wall) pushing left hip back, right hip forward, left hip back, right hip forward, left hip back

**SIDE STEP TOGETHER, SHUFFLE FORWARD, ROCK STEP FORWARD, COASTER STEP**

- 1-2 Step right to right side, step left next to right
- 3&4 Shuffle right forward stepping right, left, right
- 5-6 Step left forward, recover taking weight on right
- 7&8 Step back on left, step right next to left, step forward on left

**KICK, KICK ¼ TURN RIGHT, COASTER STEP, STEP, ¼ TURN RIGHT, FRONT SAILOR SHUFFLE**

- 1-2 Kick right forward, pivot ¼ right on ball of left as you kick right forward again
- 3&4 Step back on right, step left next to right, step forward on right
- 5-6 Step left forward, pivot ¼ right
- 7&8 Step left in front of right, step right to right side, step left to left side

**STEP & POINT, STEP & POINT, STEP & POINT, STEP, POINT, TURN ½ RIGHT**

- 1-2 Step right forward across left, touch left to left side
- 3-4 Step left forward across right, touch right to right side
- 5-6 Step right forward across left, touch left to left side
- &7-8 Step left next to right, touch right to side, Monterey turn ½ to right (should be at front wall)

**HAND MOTION ONLY, HAND MOTION ONLY, SLAP HIPS, HIP ROLL**

- 1-3 Right hand palm out fingers spread pull across face
- 4-5 Circle right arm to the right snap right to side waist level, circle left arm to the left snap left side waist level
- &6&7&8 Slap right hip, slap left hip, clap, to the left hip roll

**TAG 1**

**SHUFFLE FORWARD, STEP, ½ TURN RIGHT, SHUFFLE TURN ½ RIGHT, ROCK STEP**

- 1&2 Shuffle right forward stepping right, left, right
- 3-4 Step left forward, pivot ½ turn right
- 5&6 Making a ½ turn right, shuffle forward left, right, left
- 7-8 Rock back right, recover taking weight on left

**SHUFFLE FORWARD, STEP, ½ TURN RIGHT, SHUFFLE TURN ½ RIGHT, ROCK STEP**

- 1&2 Shuffle right forward stepping right, left, right
- 3-4 Step left forward, pivot ½ turn right
- 5&6 Making a ½ turn right, shuffle forward left, right, left
- 7-8 Rock back right, recover taking weight on left

**TAG 2**

**WALK, WALK, WALK, WALK**

- 1-4 Step right forward, step left forward, step right forward, step left forward

