

Slow

Count: 32

Wand: 4

Ebene: Improver nightclub

Choreograf/in: Suzy Taylor (UK)

Musik: Slow - Kylie Minogue



2 WALKS FORWARD RIGHT & LEFT, FORWARD MAMBO, 2 LOCK STEPS BACK

- 1-2 Walk forward right, walk forward left
- 3&4 Rock forward right, recover on left, step back on right
- 5&6 Step back on left, lock right over left, step back on left
- 7&8 Step back on right, lock left over right, step back on right

STEP ½ TURN LEFT, PADDLE 1/8 TURN LEFT TWICE, FLICK RIGHT TURNING ¼ LEFT, WEAVE LEFT, ROCK OUT LEFT

- 1 Step left turning ½ left
- &2 Hitch right knee making 1/8 turn left, point right out to right
- &3 Hitch right knee making 1/8 turn left, point right out to right
- 4 Flick up right leg with knee in pivot turn ¼ left. (facing home wall)
- 5-7 Cross step right over left, step left to left, cross step right behind left
- &8 Rock left to left side, rock right in place

CROSS, SIDE WITH 1/8 TURN LEFT, LEFT LOCK BACK, ROCK BACK TURNING 1/8 RIGHT, ¼ TURN LEFT, FORWARD BODY ROLL

- 1-2 Cross left over right, step to right on right turning 1/8 left
- 3&4 Step back on left, step right over left, step back left
- 5-6 Rock back on right turning 1/8 right, recover weight on left turning ¼ left
- 7-8 Rock forward on right starting body roll, finish by rocking weight onto left

TOE & HEEL TAPS WITH FORWARD SHUFFLES TWICE

- 1-2 Tap right toe angle body 1/8 left, tap right heel in place turn 1/8 right
- 3&4 Step forward right, step left beside right, step forward right
- 5-6 Tap left toe forward angle body 1/8 right, tap left heel in place turn 1/8 left
- 7&8 Step forward left, step right beside left, step forward left

REPEAT
