

Sliding Door Rumba

Count: 56

Wand: 2

Ebene: Improver

Choreograf/in: Tai Tsang (CAN)

Musik: Óyeme - Mónica Naranjo



SIDE, BACK, FORWARD, FORWARD

- 1 Step left foot to side
- 2 Step right foot backward
- 3 Step left foot forward
- 4-1 Step right foot forward

¼ TURN RIGHT, FORWARD, FORWARD, ½ PIVOT TURN LEFT, BACKWARD

- 2 ¼ turn right and step left foot forward
- 3 Step right foot forward
- 4-1 ½ pivot turn left (weight on right foot) and step left foot backward

STEP BESIDE, FORWARD, FORWARD

- 2 Step right foot beside left foot
- 3 Step left foot forward
- 4-1 Step right foot forward

FORWARD, ¾ SPIRAL TURN LEFT, SIDE

- 2 Step left foot forward
- 3 Cross right foot over left and ¾ spiral turn left (weight on right foot)
- 4-1 Step left foot to side

CROSS OVER, BACKWARD, SIDE

- 2 Cross right foot over left foot
- 3 Step left foot backward
- 4-1 Step right foot to side

¼ TURN RIGHT, FORWARD, ½ TURN RIGHT, FORWARD, ¼ TURN RIGHT, SIDE

- 2 ¼ turn right and step left foot forward
- 3 ½ turn right and step right foot forward
- 4-1 ¼ turn right and step left foot to side

CUCARACHAS TO RIGHT

- 2 Step right foot to side and rock hip to right
- 3 Step left foot in place and rock hip to left
- 4-1 Step right foot beside left foot

CUCARACHAS TO LEFT

- 2 Step left foot to side and rock hip to left
- 3 Step right foot in place and rock hip to right
- 4-1 Step left foot beside right foot

SLIDING DOOR

- 2 Step right foot backward
- 3 Step left foot forward
- 4-1 Cross right foot over left foot
- 2 Rock left foot to side

3 Rock right foot to side
4-1 Step left ball behind right foot

SLIDING DOOR

2 Step right foot backward
3 Step left foot forward
4-1 Cross right foot over left foot
2 Rock left foot to side
3 Rock right foot to side
4-1 Step left ball behind right foot

BACKWARD, FORWARD, SPIRAL TURN LEFT

2 Step right foot backward
3 Step left foot forward
4-1 Cross right foot over left foot and $\frac{1}{4}$ turn left, $\frac{3}{4}$ spiral turn left

FORWARD, FORWARD, $\frac{1}{2}$ PIVOT TURN LEFT, BACKWARD

2 Step left foot forward
3 Step right foot forward
4-1 $\frac{1}{2}$ pivot turn left (weight on right foot) and step left foot backward

REPEAT
