

# Sleep Now Child

Count: 32

Wand: 1

Ebene: Beginner

Choreograf/in: Bill McGee (USA)

Musik: Sleeping Child - Michael Learns to Rock



## **FORWARD, RIGHT, COASTER STEP, SHUFFLE STEP, WALK, WALK**

- 1-2& Step right foot forward, step left foot to side, step right foot back
- 3-4 Step left foot beside right, step right foot forward
- 5&6 Step left foot forward, step right foot beside left, step left foot forward
- 7-8 Step right foot forward, step left foot forward

## **STEP, HOLD, STEP, CROSS, STEP, ROCK, RECOVER, CROSS, STEP, CROSS**

- 1-2 Step right foot to side, hold
- &3-4 Step left foot back, step right foot to side, cross step left over right
- 5-6 Rock right foot to side, recover on left
- 7&8 Cross step right over left, step left foot to side, cross right over left

## **STEP, HOLD, STEP, CROSS, STEP, ROCK, RECOVER, CROSS, STEP, CROSS**

- 1-2 Step left foot to side, hold
- &3-4 Step right foot back, step left foot to side, cross right over left
- 5-6 Rock left foot to side, recover on right
- 7&8 Cross step left over right, step right foot to side, cross left over right

## **TURN, TOUCH, TURN, TOUCH, TURN, TOUCH, TURN, TOUCH**

- 1-2 Turn  $\frac{1}{4}$  turn left stepping right to right, touch left next to right
- 2-4 Turn  $\frac{1}{4}$  turn left stepping right to right, touch left next to right
- 5-6 Turn  $\frac{1}{4}$  turn left stepping right to right, touch left next to right
- 7-8 Turn  $\frac{1}{4}$  turn left stepping right to right, touch left next to right

**REPEAT**

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