

Sitting Down Here

Count: 64

Wand: 2

Ebene: Improver

Choreograf/in: Lisa B. Martin

Musik: Sitting Down Here - Lene Marlin



STEP FORWARD TOUCH, BACK SHUFFLE, SIDE TOGETHER, SIDE SHUFFLE ¼

- 1-2 Step forward on left, touch right behind left
- 3&4 Step back on right, step left beside right, step back on right
- 5-6 Step left to left side, step right beside left
- 7&8 Step left to left side, step right beside left, make ¼ turn left with left foot

WALK, WALK, RUMBA BOX, WALKS BACK

- 1-2 Walk forward right, left
- 3&4 Step right to right side, step left beside right, step forward right
- 5&6 Step left to left side, step right beside left, step back left
- 7-8 Step back on right, left

GRAPEVINE TOUCH, GRAPEVINE ¼

- 1-2 Step right to right side, step left behind right
- 3-4 Step right to right side, touch left beside right
- 5-6 Step left to left side, step right behind left
- 7-8 Step left foot ¼ turn left, step right beside left

SHUFFLE FORWARD, ROCK RECOVER, BACK SHUFFLE, ROCK BACK RECOVER

- 1&2 Step forward left, step right beside left, step forward left
- 3-4 Rock forward on right, recover on left
- 5&6 Step back on right, step left beside right, step back right
- 7-8 Rock back on left, recover on right

CROSS STEP CROSS SWEEP, CROSS STEP CROSS SWEEP

- 1-2 Cross left over right, step right to right side
- 3-4 Cross left over right, sweep right foot
- 5-6 Cross right over left, step left to left side
- 7-8 Cross right over left, sweep left

JAZZ BOX CROSS, SIDE SHUFFLE, BEHIND UNWIND ½

- 1-2 Cross left over right, step back on right
- 3-4 Step left to left side, cross right over left
- 5&6 Step left to left side, step right beside left, step left to left side
- 7-8 Step right behind left and unwind ½ turn right

SHUFFLE FORWARD, SHUFFLE FORWARD, WEAVE, POINT

- 1&2 Step forward on left, step right beside left, step forward left
- 3&4 Step forward on right, step left beside right, step forward right
- 5-6 Cross left foot over right, step right to right side
- 7-8 Step left foot behind right, point right to right side

CROSS POINT, CROSS POINT, & CROSS UNWIND ½

- 1-2 Cross right over left, point left to left side
- 3-4 Cross left over right, point right to right side
- 5-8 Cross right over left, unwind ½ turn left

REPEAT

RESTART

At the beginning of the 2nd wall only dance sections 1 to 6 so that when you unwind $\frac{1}{2}$ turn the weight is on the right foot in order for you to start from the beginning again
