Sit In Line



Count: 32 Wand: 0 Ebene:

Choreograf/in: Pam Pike (UK)

Musik: I Feel Lucky - Mary Chapin Carpenter

Raise both hands in the air

Wave both hands to the left

Bring hands down

Wave both hands to the right



This dance is done sitting. It works best if you can get everyone to bring their chairs onto the dance floor.

1-2 3-4 5-6 7-8	Clap hands once, cross hands and clap with your neighbour once Clap hands once, cross hands and clap with your neighbour once Dig right heel in front, replace Dig left heel in front, replace
9-10	Twist heels out and in
11-12	Twist heels out and in
13-14	Snap fingers once, clap hands once
15-16	Snap fingers once, clap hands once
17-18	Hitch right foot up and slap with left hand, replace
19-20	Hitch left foot up and slap with right hand, replace
21-22	Hitch right foot up and slap with left hand, replace
23-24	Hitch left foot up and slap with right hand, replace
If people are unable to raise their feet then they can just slap their knee	
25-26	Stand up
27-28	Step left to left side, touch right next to left and clap
29-30	Step right to right side, touch left next to right and clap
31-32	Sit down
If people are unable to stand up then they can do this instead:	

REPEAT

25-26

27-28

29-30

31-32