

# Sink Or Swim Polka

Count: 48

Wand: 4

Ebene: Intermediate

Choreograf/in: John Dembiec (USA)

Musik: Don't Cross The River - Garth Brooks



## ROCK/RECOVER, TURNING SHUFFLE, KICKS, PIVOT, HITCH

- 1-2 Rock forward left, recover back to right
- 3&4 Making ½ turn to left, shuffle back left, right, left
- 5-6 Kick right forward, kick right back
- 7-8 While on left foot, pivot ½ turn right with a right kick, hitch right over left

## SHUFFLE FORWARD, SHUFFLE SIDE (TWICE)

- 1&2 Shuffle forward right, left, right
- 3&4 Making ¼ turn right, side shuffle left, right, left
- 5&6 Making ¼ turn left, shuffle forward right, left, right
- 7&8 Making ¼ turn right, side shuffle left, right, left

## ROCK/RECOVER, KICK AND CROSSES, ½ TURN PIVOT

- 1-2 Rock diagonally back behind with right, recover to left
- 3&4 Facing diagonally right, kick right, step right next to left, step left over right
- 5&6 Kick right, step right next to left, step left over right
- 7-8 Step right to right, pivoting ½ turn to right on right, step left to left

## KICK AND STEP, ROCK/RECOVER, ½ TURN SHUFFLE

- 1&2 Facing diagonally left, kick right forward, step right next to left, step left tot left
- 3&4 Kick right forward, step right next to left, step left tot left
- 5-6 Rock right diagonally over left, recover to left
- 7&8 Turning ½ turn to right, shuffle right, left, right

## SHUFFLE FORWARD, ½ TURNS WITH HITCHES, ROCK/RECOVER

- 1&2 Shuffle forward left, right, left
- 3& Step right forward, pivot ½ turn left and hitch left knee up
- 4& Step left back, pivot ½ turn left and hitch right knee up
- 5& Step right forward, pivot ½ turn left and hitch left knee up
- 6& Step left back, pivot ½ turn left and hitch right knee up
- 7-8 Rock right forward, replace back to left

## BACK COASTER, TURNING TOE TOUCHES, BACK ROCK/RECOVER

- 1&2 Step right back, step left next to right, step right slightly forward
- 3& Touch left to left, step left next to right with ¼ turn to left
- 4& Touch right to right, step right next to left
- 5& Touch left to left, step left next to right with ¼ turn to left
- 6& Touch right to right, step right next to left
- 7-8 Rock back on left, replace back to right

## REPEAT