

Shout

Count: 32

Wand: 4

Ebene: Improver

Choreograf/in: Jessica Richards (UK)

Musik: Shout - Lulu



JUMP FORWARD RIGHT LEFT, KNEE BOPS TWICE

- &1-2 Jump forward, stepping out right and left, twist right knee in to left
- 3-4 Twist left knee in to right, twist right knee in to left
- &5-6 Jump forward, stepping out right and left, twist right knee in to left
- 7-8 Twist left knee in to right, twist right knee in to left

CROSS AND HEEL, CROSS AND HEEL, ¼ TURN, STEP SLIDES

- &1&2 Step back on left, cross right over left, step back on left, touch right heel diagonally forward right
- &3&4 Step back on right, cross left over right, step back on right, touch left heel diagonally forward left
- &5-6 Make a ¼ turn left, stepping left to left side, drag right up to left
- 7-8 Step right to right side, drag left up to right

SIDE SHUFFLE TWICE, FORWARD SHUFFLE TWICE

- 1&2 Make a ¼ turn left stepping left to left side, step right next to left, step left to left side
- 3&4 Step right-to-right side, step left next to right, step right to right side
- 5&6 Step forward left, step right beside left, step forward left
- 7&8 Step forward right, step left beside right, step forward left

GRAPEVINE, HEEL JACK, CROSS HOLDS

- 1-2 Make ¼ turn right stepping left out to left side, cross right behind left
- &3&4 Step left to left side, cross right over left, step back on right, touch right heel
- &5-6 Step back on right, cross right over left, hold
- &7&8 Step right to right side, cross left over right, step right to right side, cross left over right

REPEAT
