

Shootin' For The Heart

Count: 32

Wand: 4

Ebene:

Choreograf/in: Lana Harvey (USA)

Musik: Cowboy Blues - Gary Allan



ROCKS, ½ PIVOT LEFT, HOLD, ¼ TURN LEFT

- 1-2 Rock forward on right, recover left
- 3-4 Rock back on right, recover left
- 5-6 Touch right toe forward, pivot ½ turn left with weight ending on left
- 7 Hold
- 8 Turning ¼ left, step right to right side

SAILORS, ½ PIVOT, ¼ TURNING SHUFFLE

- 9&10 Cross step left behind right, step right to right, step left in place
- 11&12 Cross step right behind left, step left to left, step right in place
- 13-14 Step forward left, pivot ½ right weight ending on right
- 15&16 Shuffle left-right-left turning ¼ right

SIDE SHUFFLE/¼ TURN, FORWARD SHUFFLE, FORWARD ROCK, RECOVER, HOLD, BALL STEP BACK

- 17&18 Shuffle right-left-right to right side turning ¼ turn right on last step of shuffle
- 19&20 Shuffle forward left-right-left
- 21-22 Rock forward on right, recover left
- 23 Hold
- &24 Step ball of right next to left, step back left

CURVING BACK SLIDES, BACK COASTER, FORWARD, SHUFFLE, FORWARD

- 25 Slide right around and back slightly behind left and put weight on it
- 26 Slide left around and back slightly behind right and put weight on it
- 27&28 Step back on right, step left next to right, step forward on right
- 29 Step forward left
- 30&31 Shuffle forward right-left-right
- 32 Step forward left

REPEAT

TAG

Tag occurs at end of 1st and 5th patterns, when facing original 2nd wall

- 1-2 Rock forward right, recover left
- 3-4 Rock back right, recover left

FINISH

On slowdown at the end, do the left sailor (9&10) and hold.

When beat picks up (right after 3 quick drum beats) do:

- 11&12 Right sailor (cross right behind left, step left to left, step right in place)
- 13-16 Touch left toe forward, pivot ½ to right, repeat
- 17 Step slightly forward on left with emphasis