

Shockwave

Count: 32

Wand: 4

Ebene: Improver

Choreograf/in: Joy Brazil

Musik: Any medium west coast swing



HEEL-BALL-CHANGE, KICK-BALL-CHANGE

1&2 Touch right heel forward, step center on right ball, change weight to left
3&4 Kick right foot forward, step center on right ball, change weight to left

½ PIVOT LEFT, KICK-BALL-CHANGE

5-6 Touch forward with right foot, pivot ½ turn left
7&8 Kick right foot forward, step center on right ball, change weight to left

RIGHT GRAPEVINE WITH SYNCOPATION

1-2 Step right foot to right side, step left foot behind right
&3 Step right foot slightly to right side, step left foot in front of right
4 Brush right foot forward

ROCK STEPS

5-6 Rock forward onto right, rock onto left
7-8 Rock back onto right, rock onto left

½ PIVOT LEFT, KICK-BALL-CHANGE

1-2 Touch forward with right foot, pivot ½ turn left
3&4 Kick right foot forward, step center on right ball, change weight to left

8-COUNT GRAPEVINE RIGHT WITH ¼ RIGHT TURN

5-6 Step right foot to right side, step behind on left
7-8 Step right foot to right side, step in front on left
1-2 Step right foot to right side, step behind on left
3-4 Step right foot to right side making ¼ turn right, brush left forward

ROCK STEP, ½ TOE TURN LEFT

5-6 Rock forward onto left, rock onto right
7-8 Touch left toe back, turn ½ turn left (weight ends on left)

REPEAT
