Shipwrecked



Count: 32 Wand: 2 Ebene: Intermediate

Choreograf/in: Hedy McAdams (USA)

Musik: Shipwrecked - The Island Cowboys



SIDE, ROCK, RECOVER, SIDE, &/TURN, PIVOT, PIVOT, STEP/&

1 Step right to right

2 Rock-step left in front of right

3 Rock-recover to right

4 Step left to left

& Step right beside left
Turn ¼ left (9:00) on left

Counts 6 and 7 are a continuous, smooth-flowing movement

Step forward on ball of right and pivot ¼ left (6:00)

(continuing pivot on ball of right) step left ¼ left (3:00)

8 Step right forward& Step left beside right

STEP, ROCK, RECOVER, BACK, &/BACK, SLIDE, SLIDE, SIDE/SIDE/&

9 Step right forward 10 Rock-step left forward 11 Rock-recover on right

Step left backStep right back

For the slide-steps in counts 13-15, slide ball of unweighted foot back, slightly past weighted foot, then put weight on heel.

13 Slide-step left back and pop right knee forward
14 Slide-step right back and pop left knee forward
15 Slide-step left, back and pop right knee forward
& Step to right on ball of right (slightly back)
16 Step to left on ball of left (parallel with right)

& Rock-step back on ball of right foot

STEP, TURN, &/TURN, TURN, &/TURN, TURN, &/TURN, PIVOT/&

17 Step left forward (left toe out, beginning ¼ turn left) 18 Step right forward and finish turning ¼ left (12:00)

& Step left beside right

Turn ¼ right (3:00) and step right forward
Step left forward and turn ¼ right (6:00)

& Step right beside left

21 Step left forward and turn ¼ left (3:00) 22 Step right forward and turn ¼ left (12:00)

& Step left beside right

Turn ¼ right (3:00) and step right forward Counts 24 and & are a continuous, smooth-flowing motion

24 Step forward on ball of left and pivot ¼ right (6:00)

& (Continuing pivot on ball of left) turn ¼ right (9:00) and step right forward

TURN/STEP, TURN, BEHIND, SIDE, &/CROSS, TURN, STEP, TURN/&

25 Step left forward and turn ¼ right (12:00)

26 Step right behind left

& Step left to left
Cross right over left
Step left to left

& Step right to right (slightly back)

29 Cross left over right

Styling note: On count 30, angle body toward right (toward 3:00 wall) and pop right elbow to right as you begin to execute this turn)

Rock-step right to right and turn ¼ left (9:00)

31 Step left forward

32 Step right forward and turn ¼ left (6:00)

& Step left beside right

REPEAT