Shine Your Light

Count: 40

Ebene: Improver contra dance

Choreograf/in: Barbara R. K. Wallace (CAN)

Musik: Shine Your Light - The Mavericks

TRAIN STEP, 1/2 PIVOT LEFT, RIGHT SHUFFLE FORWARD

- Rock forward right, recover left, rock back right, recover left 1-4
- 5-6 Step forward right, 1/2 pivot left
- 7&8 Shuffle forward right, left, right

TWO LEFT KICK BALL CHANGES, ROCK SIDE LEFT AND RECOVER WITH 1/4 TURN RIGHT, LEFT SHUFFLE FORWARD

- 9&10 Kick the left foot forward, step on ball of left foot, transfer weight to right foot
- Kick the left foot forward, step on ball of left foot, transfer weight to right foot 11&12
- 13-14 Rock side left, recover on right foot making 1/4 turn to right
- 15&16 Shuffle forward left, right, left

RIGHT CUCARACHA, LEFT CUCARACHA

- 17-18 Grind ball of right foot to right side (put weight on right foot) recover on left
- 19&20 Shuffle on the spot right, left, right
- 21-22 Grind ball of left foot to left side (put weight on left foot) recover on right
- 23&24 Shuffle on the spot left, right, left

Use some "hip action" on the curcarachas

VINE 2, BALL CROSS, VINE 2 BALL CROSS, STEP TOUCH (SYNCOPATED VINE EIGHT)

- 25-26 Step side right, cross left foot behind
- &27 Step on the ball of the right foot, cross the left foot in front
- 28-29 Step side right, cross left foot behind
- &30 Step on the ball of the right foot, cross the left foot in front
- 31-32 Step side right, touch left foot beside right

Alternate steps for 25-32 - vine 7 and a touch- side right, left behind, side right, left in front, side right, left behind, side right and touch left toe beside right foot

LINDY LEFT, TWO 1/8 TURNS LEFT

- Side shuffle left, right, left 33&34
- 35-36 Rock back on the right, recover left
- 37-38 Step forward on the right, make 1/8 turn left (weight on left foot)
- 39-40 Step forward on the right, make 1/8 turn left (weight on left foot)

On the above 4 counts, use your hips to get you around

REPEAT

Have fun with this as a "contra" line dance. Line up facing your partner. You may need to make some subtle adjustments in your steps so that you go through the lines "back to back" during counts 25-32.





Wand: 2