

# Shimmy Shimmy Cocoa Bop

**COPPER** **KNOB**  
BY STEPHEN B. B. B.

Count: 60

Wand: 2

Ebene: Improver

Choreograf/in: Hal Hill (USA)

Musik: Be Bop a Lula - Scooter Lee



## VINE RIGHT, KNEE BOPS

- 1-4 Step right to right side, cross left behind right, step right to right side, touch left beside right  
5-8 Change weight to left to right to left to right while doing knee bops

## STEP AND TURN, KICK BALL CHANGE, STEP AND TURN

- 1-2 Step left foot forward on 1, hold on 2  
3-4 Turn ½ turn to the right  
5&6 Kick left foot forward, step on left foot, change weight to right  
7-8 Step left foot forward, turn ½ turn to the right

## SHIMMY TO LEFT AND SHIMMY TO RIGHT

- 1-2 Step left foot to left side while bending knees slightly and shimmy  
3-4 Shimmy to left while bringing right foot beside left  
5-6 Step right foot to right side while bending knees slightly and shimmy  
7-8 Shimmy to right while bringing left foot beside right

## VINE LEFT, KNEE BOPS

- 1-4 Step left foot to left side, cross right behind left, step left to left side, touch right beside left  
5-8 Change weight to right to left to right to left while doing knee bops

## STEP AND TURN, KICK BALL CHANGE, STEP AND TURN

- 1-2 Step right foot forward on 1, hold on 2  
3-4 Turn ½ turn to the left  
5&6 Kick right foot forward, step on right foot, change weight to left  
7-8 Step forward on right, make ½ turn to left

## TRIPLE STEP, ROCK STEP, TRIPLE STEP, ROCK STEP

- 1&2 Step forward on right, change weight to left, change weight to right  
3-4 Step forward on left, rock back on right  
5&6 Step back on left, change weight to right, change weight to left  
7-8 Step back on right, rock back on left foot

## TRIPLE STEP, STEP AND TURN, TRIPLE STEP, STEP AND TURN

- 1&2 Step forward on right, change weight to left, change weight to right  
3-4 Step forward on left, make ½ turn to right  
5&6 Step forward on left, change weight to right, step on left  
7-8 Step forward on right, make ½ turn to left

## ¼ TURN LEFT

- 1 Step right foot in front of left  
2 Make ¼ turn left  
3-4 Stomp right foot beside left and clap

## REPEAT