

# Shimmy Coco

Count: 64

Wand: 2

Ebene: Improver

Choreograf/in: Betsy Baugess (USA)

Musik: Louisiana CoCo - The Kentucky Headhunters



## **STEP OUT TO RIGHT/LEFT; HEEL DOWN; HANDS ON THIGHS; SHIMMY**

1-2 Step out to the right on toe and heel down

3-4 Step out the left on toe and heel down

### **Weight is evenly spread, feet shoulder-width apart for first 32 counts**

5-6 Slap/place both hands palms-down on the front of your thighs; hold

7-8 Shimmy with shoulders and hips, down and up

## **PIVOT TURNS ¼ LEFT WITH RIGHT, RIGHT WITH LEFT;(HANDS ON THIGHS-FEET SPREAD); SHIMMY**

1-2 Flat-footed pivot turn ¼ left with right

3-4 Flat-footed pivot turn ¼ right with left

5-8 Shimmy with shoulders and hips, down and up

## **PIVOT TURNS ¼ LEFT WITH RIGHT, RIGHT WITH LEFT;(HANDS ON THIGHS-FEET SPREAD); HEEL/TOE SWIVELS**

1-2 Flat-footed pivot turn ¼ left with right

3-4 Flat-footed pivot turn ¼ right with left

5-8 Quick short heel swivels - in/out, in/out

## **PIVOT TURNS ¼ LEFT WITH RIGHT, RIGHT WITH LEFT;(HANDS ON THIGHS-FEET SPREAD); KNEE KNOCKS**

1-2 Flat-footed pivot turn ¼ left with right

3-4 Flat-footed pivot turn ¼ right with left

5-8 "Knock" both knees in/out together

## **TOUCH ACROSS; TOUCH ;BACK CROSS; POINT; REPEAT**

1-2 Touch right toe across left; touch right beside left

3-4 Cross right behind left and point left to the side

5-6 Touch left toe across right; touch left beside right

7-8 Cross left behind right and point right to the side

## **TOUCH ACROSS; TOUCH ;BACK CROSS; POINT; REPEAT**

1-2 Touch right toe across left; touch right beside left

3-4 Cross right behind left and point left to the side

5-6 Touch left toe across right; touch left beside right

7-8 Cross left behind right and point right to the side

## **TOUCH, CROSS; PIVOT TURN; SHIMMY**

1-2 Touch right toe across left; touch out to the right

3-4 Cross right over left and pivot ½ turn

5-8 Shimmy with shoulders and hips, down and up

## **STEP UP AND BACK; CROSS TOUCH; STEP; CROSS LEFT ;HOLD**

1-2 Step forward right; step left beside right

3-4 Step back right; step back left beside right

5-6 Cross touch right over left and step back down on right

7-8 Cross left over right; hold

REPEAT

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