

She Does

Count: 0

Wand: 0

Ebene:

Choreograf/in: Helen O'Malley (IRE) & Ed Lawton (UK)

Musik: She Does - The Mavericks



Sequence: ABC, ABC, ABBCC

INTRO ON 1ST WALL ONLY

- 1-4 Right toe strut forward, left toe strut forward
- 5-8 Walk forward on right, left, right toe strut forward
- 9-12 Left toe strut back, right toe strut back
- 13-16 Walk back on left, right, left toe strut back

PART A

KICK ½ TURN KICK SHUFFLE FORWARD TWICE

- 1-2 Kick right forward, pivot ½ turn right on ball of left, kick right forward
- 3&4 Shuffle forward on right, left, right
- 5- Repeat counts ¼ with left

SYNCOPATED ROCK STEPS

- 9-10 Step diagonally forward on right, rock back on left
- &11 Step right next to left, step diagonally back on left
- 12 Rock forward on right
- 13-4 Step diagonally forward on left, rock back on right
- &15 Step left next to right, step diagonally back on right
- 16 Touch left next to right

STEP ¼ SHUFFLE TOGETHER FORWARD SHUFFLE

- 17-18 Step forward on left, make a ¼ turn left as you step back right
- 19&20 Left shuffle back
- 21-22 Step right next to left, step forward on left
- 23&24 Right shuffle forward

STEP FULL TURN SHUFFLE ROCK ½ TURN TOGETHER

- 25-26 Step forward on left, pivot full turn right on ball of left
- 27&28 Right shuffle forward
- 29-30 Rock forward on left, rock back on right
- 31-32 ½ turn left with left, stomp right next to left (up stomp)

TOE SWITCHES HITCH

- 33-34 Touch right toe to right side x 2
- &35-36 Feet together, touch left toe to left side x 2
- &37 Feet together, touch right toe forward
- &38 Feet together, touch left toe forward
- &39 Feet together, touch right toe to right side
- 40 Hitch right knee across left

SHIMMIES ½ TURN TOGETHER CLAP APPLEJACK

- 41-42 Step right to right as you shimmy shoulders
- 43-44 Pivot ½ turn right on right step left down, clap
- 45-48 Applejack left, right left right
- 49-56 Repeat counts 41-48

PART B

STOMP AND BE WICKED

56-60 Stomp right slightly forward hold for 3 counts and be wicked

KICK SYNCOPATED BACK STEPS TOUCH

61-62 Kick right forward, step back on right

&63 Small step back on left, step back on right

64 Touch left toe back

SHUFFLE ½ TURN SHUFFLE SHUFFLE ROCK

65&66 Left shuffle forward

67&68 ½ turn left as you shuffle back on right

69&70 Left shuffle back

71-72 Rock back on right, rock forward on left

ROCK COASTER TWICE

73-74 Rock forward on right, rock back on left

75&76 RIGHT COASTER STEP BACK

77-78 Rock forward on left, rock back on right

79&80 Left coaster step back

STOMP AND BE WICKED TWICE

81-84 Stomp right slightly forward hold for 3 counts be wicked

85-88 Stomp left slightly forward hold for 3 counts be wicked

PART C

TOE STRUT TWICE, WALK TWICE, TOE STRUT TWICE

89-92 Right toe strut forward, left toe strut forward

93-96 Walk forward on right, left, right toe strut forward

97-100 Left toe strut back, right toe strut back

101-104 Walk back on left, right, left toe strut back

REPEAT
