

# Shape I'm In

Count: 32

Wand: 4

Ebene: Beginner

Choreograf/in: Jim Watt (AUS)

Musik: The Shape I'm In - Johnny Restivo



## **STEP, SHIMMY, STEP, SHIMMY**

- 1-4 Step forward on right, shimmy for 3 counts  
5-8 Step forward on left, shimmy for 3 counts

## **HEEL SWITCHES, STEP, ½ LEFT PIVOT, STEP, STEP**

- 1-4 Tap right heel forward to right diagonal, step right next to left, tap left heel forward to left diagonal, step left next to right  
5-6 Step right forward, ½ pivot turn left (weight onto left foot)  
7-8 Step forward right, left

## **HEEL TWISTS, HEEL-TOE-HEEL-TOE TWISTS**

- 1-4 Twist both heels to right, twist heels to center, twist both heels to left, twist heels to center  
5-8 Twist heels right, twist toes right, twist heels right, twist toes to center

## **KICK, TOGETHER, KICK, TAP, CROSS ROCK, RECOVER, ¼ RIGHT & ROCK, RECOVER**

- 1-4 Kick left over right, step left beside right, kick right over left, touch right beside left  
5-6 Cross right over left, replace weight onto left  
7-8 Make ¼ turn right & step right to right side, replace weight onto left

## **REPEAT**

## **FINISH**

Dance ends facing the back wall. Step right forward, shimmy for 3 counts & ½ turn left to face front wall.

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