

Shalala

Count: 32

Wand: 4

Ebene: Intermediate

Choreograf/in: Derrick John Paul (UK) & Terry Ann Cavanagh (UK)

Musik: Shalala Lala (Hit Radio Mix) - Vengaboys



RUNNING MAN

- 1 Stomp right forward
- & Scoot back on right hitching left
- 2 Stomp left forward
- & Scoot back on left hitching right
- 3&4& Repeat steps 1&2&

Alternate steps

- 1-4 Right & left toe/heel struts

RIGHT&LEFT HIPS&SHUFFLE TURNS

- 5&6 Step right forward bumping hips twice
- 7&8 Step left forward bumping hips twice
- 9&10 Make ½ turn left stepping right, left, right
- 11&12 Make ½ turn left stepping left, right, left

MASH POTATO STEPS

- 13& Split heels, close with right behind left
- 14& Split heels, close with left behind right.
- 15&16& Repeat steps 13&14&

Alternate steps

- 13-16 Stroll back right, left, right, left

TOE TOUCHES&SAILOR STEPS

- 17-18 Touch right toe forward, touch to side
- 19&20 Cross right behind left, step left to left, step right to right
- 21-24 Repeat steps 17-20 leading with left

PIVOT ½, ¾, RIGHT & LEFT MAMBO ROCKS

- 25-26 Step right forward, pivot ½ turn left
- 27-28 Step right forward, pivot ¾ turn left
- 29&30 Rock right to right, recover on left, step right beside left
- 31&32 Rock left to left, recover on right, step left beside right

REPEAT

TAG

After sixth repetition

STEP ½ PIVOTS, MAMBO ROCKS TWICE

- 1-4 Step right forward, pivot ½ turn left twice
- 5&6 Rock right forward, recover on left, step right beside left
- 7&8 Rock left back, recover on right, step left beside right
- 9-16 Repeat 1-8 of tag