

# Shalala

Count: 32

Wand: 4

Ebene: Intermediate

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Musik: Shalala Lala (Hit Radio Mix) - Vengaboys



## RUNNING MAN

- 1 Stomp right forward  
& Scoot back on right hitching left  
2 Stomp left forward  
& Scoot back on left hitching right  
3&4& Repeat steps 1&2&

### Alternate steps

- 1-4 Right & left toe/heel struts

## RIGHT&LEFT HIPS&SHUFFLE TURNS

- 5&6 Step right forward bumping hips twice  
7&8 Step left forward bumping hips twice  
9&10 Make ½ turn left stepping right, left, right  
11&12 Make ½ turn left stepping left, right, left

## MASH POTATO STEPS

- 13& Split heels, close with right behind left  
14& Split heels, close with left behind right.  
15&16& Repeat steps 13&14&

### Alternate steps

- 13-16 Stroll back right, left, right, left

## TOE TOUCHES&SAILOR STEPS

- 17-18 Touch right toe forward, touch to side  
19&20 Cross right behind left, step left to left, step right to right  
21-24 Repeat steps 17-20 leading with left

## PIVOT ½, ¾, RIGHT & LEFT MAMBO ROCKS

- 25-26 Step right forward, pivot ½ turn left  
27-28 Step right forward, pivot ¾ turn left  
29&30 Rock right to right, recover on left, step right beside left  
31&32 Rock left to left, recover on right, step left beside right

## REPEAT

## TAG

After sixth repetition

### STEP ½ PIVOTS, MAMBO ROCKS TWICE

- 1-4 Step right forward, pivot ½ turn left twice  
5&6 Rock right forward, recover on left, step right beside left  
7&8 Rock left back, recover on right, step left beside right  
9-16 Repeat 1-8 of tag