

Shake You Down

Count: 32

Wand: 4

Ebene: Intermediate

Choreograf/in: Lee Barry

Musik: Shake You Down - Gregory Abbott



HEEL SWITCHES, STEP BACK, DRAG; BACK TOGETHER, ¼ TURN, BEHIND & OVER

- 1& Touch right heel forward, step right beside left
- 2& Touch left heel forward, step left beside right
- 3-4 Take a long step back on right; drag left & touch beside right
- &5 Step left back, step right beside left turning ¼ turn right
- 6 Step left to left side
- 7&8 Cross right behind left, step left to left side, cross right over left

SWAYS, STEP LONG TO LEFT SIDE, DRAG; & CROSS & CROSS, SIDE ROCK STEP

- 1-2 Sway hips left; sway hips right
- 3-4 Take a long step left with left; drag right to left
- & Step right beside left
- 5&6 Cross left over right, step right to right side, cross left over right
- 7-8 Step right to right side; rock left onto left

¼ TURN SHUFFLE, STEP ½ PIVOT; ¼ TURN STOMP, KICK & BACK, DRAG

- 1&2 Turn ¼ turn right & shuffle forward right, left, right
- 3-4 Step left forward; pivot ½ turn right onto right
- 5-6 Turn ¼ turn right & stomp left slightly to left side; kick right forward
- &7-8 Step right beside left, take a long step back with left; drag right to left

OUT-OUT, ELVIS KNEE, BUMP & BUMP; CROSS ROCK STEP, & STEP PIVOT

- &1-2 Step right out to right side, step left out to left side; push right knee in & bump hip left
- 3&4 Bump hips right, center, right
- 5-6 Step left over right; rock back onto right
- &7-8 Step left beside right; step right forward; pivot ½ turn left onto left

REPEAT
