

Shake Me Goombay

Count: 32

Wand: 4

Ebene: Intermediate

Choreograf/in: Kathy Brown (USA)

Musik: Back To The Island (Part 2) - Baha Men



- 1-2 Step right, step left behind
&3&4 Step right to side, step left over right, step right to side, place left heel forward
&5&6& Step left to left side, step right in front of left, step left to side, step right behind left, step left to side
7&8 Place right heel forward, step right next to left, place left heel forward
- &1-2 Step left next to right, rock forward on right, recover left
3&4 Right coaster step
5-6 Rock forward left, recover right
7&8 Left triple, turning ½ left
- 1&2 Right kick ball change
3&4 Right kick ball change
5&6 Kick right forward, step out to side with the right, step left to the left side
7&8 Bump hips, left-right-left
- 1-2 Cross rock right over left, recover left
3&4 Right triple turning ¼ right
5-6 Step forward on left, pivot ½ right
7&8 Full spiral triple in place left-right-left (or triple in place)

REPEAT
