

# Shake Baby Shake

Count: 48

Wand: 4

Ebene: Intermediate

Choreograf/in: Connie van den Bos (NL)

Musik: Whole Lot Of Shakin' Medley - The Deans



Start with the dance intro on the first single heavy beat. Start the main dance 16 counts IN the intro, 16 counts before the main beat starts!

## DANCE INTRO

Only danced once at the beginning. Start directly on the first single loud beat (2 seconds from beginning)

### RIGHT STEP, HOLD X7

1-8 Step forward on right, hold for 7 counts

### LEFT STEP, HOLD X7

1-8 Step forward on left, hold for 7 counts

## MAIN DANCE

Start after 16 counts intro music, in middle of intro, 16 counts before the main music really starts

### & JUMP, HOLD, & JUMP, HOLD, & OUT, & IN, & BOUNCE, & BOUNCE

&1-2 Jump right forward and jump left forward, hold

&3-4 Jump right back and jump left back, hold

&5&6 Jump right to the right and jump left to the left, jump right in and jump left in

&7&8 Bring heels up and down, repeat

### PADDLE TURN (2X ¼ LEFT), ROCK STEP, BACK ROCK

1-4 Step forward on right, turn ¼ left, step forward on right, turn ¼ left

5-8 Step forward on right, recover on left, step backwards on right, recover on left

### TOE, HEEL, CROSS, TOE, HEEL, CROSS, SIDE ROCK

1-3 Touch right toe beside left, touch right heel beside left, cross step right over left

#### For styling swivel on the left foot

4-6 Touch left toe beside right, touch left heel beside right, cross step left over right

#### For styling swivel on the right foot

7-8 Rock right to the right, recover on left

### HEEL GRIND, SIDE, HEEL GRIND, SIDE, RIGHT CHASSE, ¼ TURN LEFT CHASSE

1-4 Cross step right heel (foot turning from left to right) over left, step left to the left (repeat)

5&6 Step right to the right, step left together, step right to the right

7&8 Turn ¼ left and step left to the left, step right together, step left to the left

### STEP, KICK BALL CHANGE, STEP, STEP, PIVOT ½ LEFT, ½ LEFT TRIPLE TURN

1-4 Step right forward, kick left & step on ball of left, step on right, step left forward

5-6 Step right forward, pivot ½ left shifting weight to left

7&8 Turn ¼ left and step right to the right, step left together, turn ¼ left and step right backwards

### BACK, SHIMMY(2-3), TOUCH, SWIVEL WALK

1-4 Step left backwards, drag right together with shimmy shoulders, touch right next to left

5-8 Swivel heels left and step right forward, swivel heels right and step left forward (repeat right & left)

## REPEAT