

Shaggin At The Rack

Count: 40

Wand: 1

Ebene: Beginner west coast swing

Choreograf/in: Tina Riley (USA)

Musik: Dancin', Shaggin' On the Boulevard - Alabama



GRAPEVINE RIGHT, ANGLE TOUCH CROSS IN FRONT, ANGLE TOUCH BACK

- 1-2 Step right to right side, cross left foot behind right
- 3-4 Step right to right side, left foot crosses in front of right for a touch
- 5-6 Left foot touch back at slight angle left, left foot crosses in front of right for a touch
- 7-8 Left foot touch back at slight angle left, left foot crosses in front of right for a touch

GRAPEVINE LEFT, ANGLE TOUCH CROSS IN FRONT, ANGLE TOUCH BACK

- 1-2 Step left to left side, cross right foot behind left
- 3-4 Step left to left side, right foot crosses in front of left for a touch
- 5-6 Right foot touch back at slight angle right, right foot crosses in front of left for a touch
- 7-8 Right foot touch back at slight angle right, right foot crosses in front of left for a touch

RIGHT FORWARD STEP, SLIDE, STEP CLAP, LEFT FORWARD STEP, SLIDE, STEP CLAP

- 1-2 Step forward with right at angle, slide left next to right
- 3-4 Step forward with right at angle, touch left foot next to right and clap (weight ends right)
- 5-6 Step forward with left at angle, slide right next to left
- 7-8 Step forward with left angle, touch right next to left and clap (weight ends left)

ROCK FORWARD RIGHT, COASTER STEP, ROCK FORWARD LEFT, COASTER STEP

- 1-2 Rock right forward, rock back onto left
- 3&4 Step right back, & step left together, step right forward
- 5-6 Rock left forward, rock back onto right
- 7&8 Step left back, & step right together, step left forward

WALK FORWARD RIGHT, LEFT, TRIPLE IN PLACE, WALK BACK LEFT, RIGHT, TRIPLE IN PLACE (THIS IS AN 8 COUNT SUGAR PUSH MOVES FROM WEST COAST SWING)

- 1-2 Step forward with right, step forward with left (weight ends left)
- 3&4 Rock step back with right, step rock forward onto left, rock back onto right (weight ends right)
- 5-6 Step back with left, step back with right
- 7&8 Rock step back with left, step rock forward onto right, rock step back with left (weight ends left)

REPEAT
