

Seven Year Ache (L/P)

Count: 32

Wand: 4

Ebene: Beginner line/partner dance

Choreograf/in: Chris Peel (UK)

Musik: Seven Year Ache - Trisha Yearwood



WEAVE LEFT, STOMP INTO RIGHT TOE FAN, STEP TOGETHER

- 1-2 (Moving left) step right across left, side step left
- 3-4 Step right behind left, step left beside right
- 5-6 Stomp right forward, (keeping weight on heel) swivel to right
- 7-8 Swivel right heel to center taking weight, step left beside right

PENDULUM ROCKS FORWARD AND BACK, CROSS STEPS WITH POINTS

- 9-10 Rock right forward, rock weight back onto left
- 11-12 Rock right back, rock weight forward onto left
- 13-14 Step right across left, point left toe to side
- 15-16 Step left across right, point right toe to side

JAZZ BOX WITH ¼ TURN RIGHT

- 17-18 Step right across left, step left back
- 19-20 Step ¼ turn right, step left beside right

TOE TOUCHES, KICK-BALL, TOUCH (LEADING RIGHT, THEN LEFT)

- 21-22 Touch right toe to side, touch right toe beside left
- 23&24 Kick right forward - step right beside left, touch left in place
- 25-26 Touch left toe to side, touch left toe beside right
- 27&28 Kick left forward - step left beside right, touch right in place

SHUFFLES FORWARD

- 29&30 Step right forward - step left beside right, step right forward
- 31&32 Step left forward - step right beside left, step left forward

REPEAT
