

# Settle For A Slowdown

Count: 32

Wand: 4

Ebene: Intermediate

Choreograf/in: Jeanette Robson (UK)

Musik: Settle for a Slowdown - Dierks Bentley



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## RIGHT SIDE, ROCK BACK, LEFT SIDE, ROCK BACK, ½ TURN LEFT, RIGHT SIDE ROCK BACK, LEFT SIDE ROCK BACK

- 1-2& Step right foot to right side, rock left back behind right, recover weight onto right  
3-4& Step left foot to left side, rock right back behind left, recover weight onto left  
5-6& ½ hinge turn over left, step right foot to right, side rock left back behind right, recover weight on right  
7-8& Step left foot to left side, rock right back behind left, recover weight onto left

## SKATE RIGHT, LEFT, RIGHT SHUFFLE, ROCK FORWARD LEFT RECOVER LEFT TOE BEHIND ½ TURN UNWIND

- 1-2 Skate right, skate left (moving right foot in semi circular motion in/out and then same with left)  
3&4 Step right forward bring left foot up to right, step right forward  
5-6 Rock forward on left, recover weight on right foot  
7-8 Touch left toe behind right foot, unwind ½ turn over left, weight on left

## TOE TOUCH HOOK ¼ TURN (RIGHT) SHUFFLE, TOE TOUCH HOOK ½ TURN (LEFT) SHUFFLE

- 1-2 Touch right toe forward, hook right foot across in front of left leg  
3&4 Step right foot to right side turning ¼ turn to right, bring left foot up to right foot step right foot forward  
5-6 Touch left toe forward, hook left foot across in front of right leg  
7&8 Step left foot to left side turning ½ turn to left, bring right foot to left foot, step left foot forward

## SWAY RIGHT, SWAY LEFT, CHA-CHA-CHA RIGHT, SWAY LEFT, SWAY RIGHT CHA-CHA-CHA LEFT

- 1-2 Sway right hip to right, sway left hip to left  
3&4 Triple on the spot right, left, right  
5-6 Sway left hip to left, sway right hip to right  
7&8 Triple on the spot left, right, left

**REPEAT**

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