Save A Horse (Ride A Cowboy)



Count: 0 Wand: 4 Ebene: Improver

Choreograf/in: Guy Dubé (CAN) & Edith Bourgault (CAN)

Musik: Save a Horse (Ride a Cowboy) - Big & Rich



Sequence: AB AB AA AB, FINAL

PART A

3X KICK BALL TOUCH, TOUCH FORWARD, CROSS-TOUCH, PRESS

Kick right forward, step on ball of right beside left, touch left toe to left side
Kick left forward, step on ball left beside right, touch right toe to right side
Kick right forward, step on ball right beside left, touch left toe to left side
Cross touch left over right, press ball left by bending knees on place

You need to travel forward on counts 1-6

ROND DE JAMBE WITH 1/4 TURN LEFT, KNEE POP, SHUFFLE RIGHT, FULL TURN RIGHT, SHUFFLE RIGHT

1	Slide point left in half circ	le towards back into ¼ turn left by	v ending foot left beside right

2 Switch weight on left foot by pushing right knee forward

3&4 Shuffle forward right, left, right

5-6 Step left forward, full turn to right by hooking foot right over the left knee

7&8 Finish the full turn right with shuffle forward right, left, right

ROCK STEP, SCOOT RIGHT, BACK, SCOOT LEFT, BACK, ROCK BACK LEFT, SHUFFLE LEFT

1-2 Rock forward on left, recover on right

Scoot on right foot back, step on left foot back diagonally to left Scoot on left foot back, step on right foot back diagonally to right

5-6 Rock back on left, recover on right7&8 Shuffle forward left, right, left

STEP, PIVOT ¼ TURN LEFT, CROSS ROCK STEP, CROSS ROCK STEP, ¼ TURN LEFT WITH MILITARY WALKS

1-2 Step right forward, pivot ¼ turn left

3&4 Cross rock left over right, recover on left, step right beside left
 5&6 Cross rock right over left, recover on right, step left beside right
 7-8 ¼ turn left by walking right, left (military walk by lifting your knees)

PART B

TOUCH, TOGETHER, TOUCH, ½ TURN LEFT, TOUCH, TOGETHER, STEP, TOUCH, BACK, COASTER STEP

Touch right toe to right, step right beside left, touch left toe to left side

43 Touch right toe to right, step right beside left, touch left toe to left side

&4 Step right beside left, step left forward

Touch right toe behind left heel, step right backStep left back, step right beside left, step left forward

BOOGIE WALKS, SHUFFLE SIDE, CROSS, ¾ TURN LEFT, ROCK STEP, TOUCH

1-2 Walk right, left forward by pushing knees to outside

3&4 Shuffle side right, left, right to right side

5-6 Cross left foot behind heel right, unwind ¾ turn left

7&8 Rock right forward, recover on left, touch toe right beside left

TOUCH, TOGETHER, TOUCH, $\frac{1}{2}$ TURN LEFT, TOUCH, TOGETHER, STEP TOUCH, BACK, COASTER STEP

1&2	Touch toe right to right side, step right beside left, touch toe left to left side
&3	½ turn left by bringing back left foot beside right, touch toe right to right side
&4	Step right beside left, step left forward
5-6	Touch toe right behind heel left, step right back

OUT, OUT, BUMP, HOLD, BUMP, HIP ROLL, 1/4 TURN LEFT WITH MILITARY WALKS

Step left back, step right beside left, step left forward

,,	, , = = , , , = ,		
&1	Step right forward to outside right, step left forward to outside left		
2-3-4	Bump hip left to left, hold, bump hip right to right		
5-6	Roll hip right forward to the left side (ending weight on left foot) (roll to the		

7-8 ½ turn left by walking right, left (military walk by lifting your knees)

33-40 Repeat counts 25-32

REPEAT

FINAL

7&8

The last time that you do the part b at the end of the dance you repeat 3 more times the counts 25-32 for a total of 4

left)