

Saddle Up!

Count: 64

Wand: 4

Ebene: Intermediate

Choreograf/in: Susan Beaumont (UK)

Musik: Back In the Saddle - Matraca Berg



2 GRAPEVINES

- 1-2-3-4 Step right to right side, step left behind right, step right to right side, touch left beside right
5-6-7-8 Step left to left side, step right behind left, step left to left side, touch right beside left

WALK BACK 2,3 HITCH TURN ¼ LEFT CLAP TURN ¼ LEFT CLAP

- 1-2-3-4 Walk back right, left, right hitch left
5-6-7-8 Turn ¼ left stepping left forward, hold & clap, turn ¼ left stepping right back, hold & clap

Styling: as you hitch left leg hitch a ride with both thumbs over shoulders

COASTER STEP SCUFF, FORWARD CLAP, BACK CLAP

- 1-2-3-4 Step back left, step right beside left, step left forward scuff right
5-6- Rock forward on right touch left beside right clap down
7-8 Rock back on right touch right beside left clap shoulder height

SAILOR STEP HOLD, SAILOR ¼ HOLD

- 1-2-3-4 Step right behind left step left to left side step right in place, hold
5-6-7-8 Step left behind right step right to right side turning ¼ left step left beside right

TRIPLE SHUFFLE ½ TURNS LEFT X4

- 1&2 Triple shuffle turn over left shoulder stepping right, left, right
3&4 Triple shuffle turn over left shoulder stepping left, right, left
5&6 Triple shuffle turn over left shoulder stepping right, left, right
7&8 Triple shuffle turn over left shoulder stepping left, right, left

Alternative steps: two triple half turns with count 1,2,3 hold 5,6,7 hold

RIGHT ROCK CROSS SHUFFLE, LEFT ROCK CROSS SHUFFLE

- 1-2-3&4 Rock on to right foot recover on left cross right over left step on to ball of left foot, cross right over left
5-6-7&8 Rock on to left foot recover on right cross left over right step on to ball of right foot, cross left over right

Option:

- 1-2-3-4 Alternative steps scissor steps stepping right to right side left beside right, cross right over left and hold
5-6-7-8 Step left to left side, step right beside left, cross right over left and hold

STOMP KICK STOMP KICK BACK 2, 3 HITCH

- 1-2-3-4 Stomp back right kick left forward stomp backward left kick right forward
5-6-7-8 Walk back right left right hitch the left

STOMP LEFT STOMP RIGHT SWIVET RIGHT

- 1-2-3-4 Stomp left foot to left side, stomp right foot to right side, swivet on left heel and ball of right foot turning heels to the right and back to center
5-6-7-8 Stomp left foot to left side, stomp right foot to right side, swivet on left heel and ball of right foot turning heels to the right and back to center

Alternative to swivet: swivel heels to the right and back to center

REPEAT

RESTART

On walls 1, 3, 5 & 7 only dance counts 1,2,3,4 on section 8
