

S & A Boogie

Count: 32

Wand: 4

Ebene: Beginner

Choreograf/in: Samantha Majors (USA) & Altie Majors (USA)

Musik: No News - Lonestar



STEP RIGHT, STEP LEFT

1-2 Step right foot to right with knee roll out, then step home

3-4 Step left foot to left with knee roll out, then step home

KICK BALL CHANGES

5-8 Two right kick ball changes

¼ TURN CHUGS

9-12 Make a ¼ turn to the left using 4 chugs with right leg

VINE AND ROLLING VINE

13-16 Vine to right. (end with a scuff)

17-20 Rolling vine to left. (end with a stomp)

BACKWARDS SHUFFLES

21-24 Two backwards shuffles starting with right leg

WALK FORWARD

25-28 Walk forward (right-left-right) and kick left leg

STEP HIP BUMPS

29-30 Step left leg to rear with 2 hip bumps

STEP HIP ROLLS

31-32 Step left leg home with 2 hip rolls. (roll hips to the right, ending with weight on left foot)

REPEAT

Last Update - 21 Oct 2023
