

# Rueben

Count: 64

Wand: 4

Ebene: Improver

Choreograf/in: Ray Hodson (UK)

Musik: Rueben - Joe Brown



## HEEL HOOK, HEEL FLICK, FORWARD SHUFFLE, HEEL FLICK, HEEL HOOK, FORWARD SHUFFLE

- 1&2& Touch right heel forward, hook right, touch right heel forward, flick right foot to right side  
3&4 Shuffle forward right, left, right  
5&6& Touch left heel forward, flick left foot to left side, touch left heel forward, hook left  
7&8 Shuffle forward left, right, left

## ROCK STEP, SHUFFLE ½ TURN, FORWARD SHUFFLE, ROCK STEP, STEP

- 1-2 Rock forward right, step back left  
3&4 ½ turn right, shuffling right, left, right  
5&6 Shuffle forward left right left  
7-8& Rock forward right, step back left, step right together

## ROCK STEP, SHUFFLE ½ TURN, FORWARD SHUFFLE, STEP, TOGETHER

- 1-2 Rock forward left, step back right  
3&4 ½ turn left, shuffling left, right, left  
5&6 Shuffle forward right left right  
7-8 Walk forward left, step together right

## SIDE SHUFFLE LEFT, BACK ROCK, ¼ - ½ TURN SHUFFLE

- 1&2 Left side shuffle stepping left, right, left  
3-4 Rock back on right, recover forward on left  
5-6 Turn ¼ left stepping back on right, turn ½ left stepping forward on left  
7&8 Right forward shuffle stepping right, left, right

## HEEL HOOK, HEEL FLICK, FORWARD SHUFFLE, HEEL FLICK, HEEL HOOK, FORWARD SHUFFLE

- 1&2& Touch left heel forward, hook left, touch left heel forward, flick left foot to left side  
3&4 Shuffle forward left right left  
5&6& Touch right heel forward, flick right foot to right side, touch right heel forward, hook right  
7&8 Shuffle forward right, left, right

## ROCK STEP, SHUFFLE ½ TURN, FORWARD SHUFFLE, ROCK STEP, STEP

- 1-2 Rock forward left, step back right  
3&4 ½ turn left, shuffling left, right, left  
5&6 Shuffle forward right, left, right  
7-8& Rock forward left, step back right, step left together

## ROCK STEP, SHUFFLE ½ TURN, FORWARD SHUFFLE, STEP, TOGETHER

- 1-2 Rock forward right, step back left  
3&4 ½ turn right, shuffling right, left, right  
5&6 Shuffle forward left, right, left  
7-8 Walk forward right, step together left

## SIDE SHUFFLE RIGHT, BACK ROCK, ¼, ¼ TURN SHUFFLE

- 1&2 Right side shuffle stepping right, left, right  
3-4 Rock back on left, recover forward on right  
5-6 Turn ¼ right stepping back on left, turn ¼ right stepping forward on right

7&8

Left forward shuffle stepping left, right, left

**REPEAT**

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