Rubberneckin' With The King



Count: 32 Wand: 4 Ebene: Beginner

Choreograf/in: Sandra Plunkett (USA)

Musik: Rubberneckin' (2003 Remix) - Elvis Presley



STEP, HOLD, HEAD, HOLD, HIP ROLL, ELVIS LEGS

1 Step right with right foot, placing right hand on right hip

2 Hold

3 Turn head to the left, placing left hand on left hip

4 Hold

5-6 Hip roll to the right (to the right), weight ending on right foot

7-8 Bend left knee in to the left; bend right knee to the right (elvis legs)

TOE STRUTS

1-2 Right toe, step down on right foot
3-4 Left toe, step down on left foot
5-6 Right toe, step down on right foot
7-8 Left toe, step down on left foot

The above 8 counts are done moving forward with a slight diagonal with each move. For styling, put some leg moves into it, clap on 2,4,6,8. Or snap fingers on 2,4,6,8

STEPS WITH HOLD TO THE RIGHT, BODY ROLLS

1 Step right (weight on right)

2 Hold& Step left

3 Step right (weight on right)

4 Hold & Step left

5-6 Body roll to the right, weight going to right foot

7-8 Body roll to the right

Move body as you are moving right for styling on counts 1-4. For beginners, just do a vine to the right for 1-4, touch left toe on four. Keep weight on right and bump hips for 5,6,7,8

VINE LEFT, KNEE ROLLS

1-4 Vine to the left with a 1/4 turn to the left, touching right on count 4

5-6 Roll right knee in, out7-8 Roll left knee in, out

Variation roll right knee on 5, roll left knee on 6, pop knees in/out on 7-8, weight should be on left to start dance over.

REPEAT