

# Rubberband Man

Count: 48

Wand: 4

Ebene: Advanced

Choreograf/in: Barry Amato (USA)

Musik: Indian Outlaw - Tim McGraw



## The first 4 counts have a "calypso" feel

- 1 Stomp right over left foot
  - & Stomp left foot in place
  - 2 Stomp right foot next to left
  - & Stomp left foot over the right foot
  - 3 Stomp right foot in place
  - & Stomp left foot next to the right
  - 4 Step on right foot (beginning to travel in a circle toward the left)
  - 5 Step on the left foot (continue to travel in a circle toward the left)
  - 6 Step on the right foot to face original wall
  - 7 Kick the left foot
  - & Step on the left foot (7&8 are a kick ball change)
  - 8 Step on the right foot
- 
- 1 Roll left knee out
  - 2 Roll left knee in
  - 3 Roll right knee out
  - 4 Roll right knee in
  - & Step out on the left foot
  - 5 Step out on the right foot
  - & Step in on the left foot
  - 6 Step in on the right foot
  - 7 Roll left knee out
  - 8 Roll right knee toward the left while making a  $\frac{1}{4}$  turn to the left
- 
- 1 Step out on the right foot
  - 2 Pivot  $\frac{1}{2}$  turn
  - 3 Step out on the right foot
  - 4 Jump  $\frac{1}{4}$  turn to the left
  - 5 Step out on the right foot again
  - 6 Pivot  $\frac{1}{2}$  turn
  - 7 Step out on the right foot
  - 8 Jump  $\frac{1}{4}$  turn to the left
- 
- 1 Step out on the right foot while pressing right shoulder down and left shoulder up
  - 2 Step left behind the right while pressing left shoulder down & the right up
  - 3 Step out on the right with shoulders in normal position
  - 4 Scuff left heel while doing a  $\frac{1}{2}$  turn toward the right shoulder (to face opposite wall)
  - 5 Step out on the left foot while pressing shoulder down and the left up
  - 6 Step right behind left while pressing right shoulder down and the left up
  - 7 Step out on the left foot with shoulders in normal position
  - 8 Touch the right foot in place
- 
- 1 Scuff right heel forward
  - 2 Brush the ball of right foot across the left
  - 3 Tap toe of left foot on the floor

- & Shrug shoulders up
- 4 Shrug shoulders down
- 5 With left foot over right, turn complete around toward the left
- 6 Complete turn
- 7 Kick the right foot out in front
- 8 Kick the right foot behind and place it on the floor straight back
  
- 1 Push left hip forward & pull arms back (as if rowing a boat)
- 2 Take left hip back & push arms forward (with same rowing effect)
- 3 Lift left leg & place foot against right knee (arms pulled back)
- 4 Set left foot straight back (clap with arms straight out in front of you)
- 5 Push right hip forward & pull arms back (as if rowing a boat)
- 6 Take right hip back and push arms forward (with same rowing effect)
- 7 Lift right leg (pull arms back)
- 8 Step right foot next to the left foot (clap with arms straight out in front of you)

**REPEAT**

---