

Rub It In 2000

Count: 32

Wand: 4

Ebene: Improver

Choreograf/in: Susan Brooks (USA)

Musik: Rub It In - Matt King



WEST COAST BASIC

- 1-2 Step forward right, step forward left
- 3-4 Tap right behind left, step back right
- 5 (Sailor step) step left behind right
- &6 Step to right with right, step left to left

BEGIN WEST COAST BASIC, TWO SAILOR SHUFFLES BACK, CROSS STEP

- 7-8 Step forward right, step forward left
- 9-10 Tap right behind left, step back right
- 11&12 Step left behind right, step right, step left
- 13&14 Step right behind left, step left, step right
- 15-16 Cross left over right, step to right with right

ROCK STEP ¼ TURN LEFT, SHUFFLE FORWARD LEFT, 2- ¼ PIVOTS LEFT (WITH CLAPS)

- 17-18 Rock back left, (left diagonal), step forward right ¼ left
- 19&20 Shuffle forward left-right-left
- 21-22 Step forward right, pivot ¼ left, step left and clap
- 23-24 Step forward right, pivot ¼ left, step left and clap

STEP FORWARD RIGHT, TAP LEFT BEHIND RIGHT, COASTER STEP, HIP BUMPS

- 25-26 Step forward right, tap left behind right
- 27&28 Coaster step- step back on left, step back right, step forward left
- 29&30 Step forward right diagonal, bump hips forward, back, forward
- 31&32 Shift weight back on left & bump hips back, forward, back

REPEAT
