

Roughcut

Count: 16

Wand: 4

Ebene: Beginner

Choreograf/in: Janice Patrice (USA)

Musik: If You Can't Be Good, Be Good At It - Neal McCoy



ROCK FORWARD, STEP, ROCK BACKWARDS, STEP

- 1 Rock/step right foot forward
- 2 Step left foot in place
- 3 Rock/step right foot backwards
- 4 Step left foot in place

HIP BUMPS RIGHT, LEFT, RIGHT, LEFT

- 5 Step right foot to right side, push/bump right hip to right side
- 6 Push/bump left hip to left side
- 7 Push/bump right hip to right side
- 8 Push/bump left hip to left side

TRIPLE STEP RIGHT, ROCK BACKWARDS, STEP

- 9& Step right foot to right side, step left foot beside right foot
- 10 Step right foot to right side
- 11 Rock/step left foot backwards
- 12 Step right foot in place

VINE LEFT WITH A ¼ TURN LEFT, LIFT KNEE, CLAP HANDS

- 13 Step left foot to left side
- 14 Cross/step right foot behind left foot
- 15 Step left foot to left side with a ¼ turn left
- 16 Lift left knee, clap hands

REPEAT
