

# Rough & Ready

**COPPER** **NOB**  
BY STEPHEN METZ

Count: 32

Wand: 4

Ebene: Intermediate east coast swing

Choreograf/in: Johnny Montana (USA)

Musik: Rough & Ready - Trace Adkins



## SHUFFLE FORWARD, SHUFFLE FORWARD

- 1&2 Shuffle forward right, left, right  
3&4 Shuffle forward left, right, left

## ROCK-STEP-CROSS, SIDE-CROSS-SIDE

- 5&6 Step out to right side and rock, step onto left foot (replace weight), cross right over left and step  
7&8 Step to left side onto left foot, cross right behind left and step, step to left side onto left foot

## ROCK, REPLACE, SHUFFLE WITH ¼ TURN

- 9-10 Cross right foot over left and step, step back (replace weight) onto left foot  
11&12 Shuffle to right side right, left, right making a ¼ turn to right

## SHUFFLE WITH ¼ TURN, COASTER STEP

- 13&14 Shuffle forward left, right, left making a ¼ turn to right  
15&16 Step back onto sole of right foot, step onto sole of left foot next to right, step forward onto right foot

## HEEL-STEP-TOE-STEP-HEEL-STEP-TOE

- 17& Touch left heel forward, step onto left foot next to right  
18& Touch right toe next to left instep, step onto right foot next to left  
19& Touch left heel forward, step onto left foot next to right  
20 Touch right toe next to left instep

## OUT-OUT-IN-IN-ROCK-STEP-CROSS

- 21& Step slightly out to right side onto sole of right foot, step slightly out to left side onto sole of left foot  
22& Step back to home position onto sole of right foot, step onto sole of left foot next to right  
23& Step out to right side onto right foot and rock, step onto left foot (replace weight)  
24 Cross right behind left and step

## SHUFFLE WITH ¼ TURN, STEP, TURN

- 25&26 Shuffle to left side left, right, left, making a ¼ turn to right (to the right)  
27-28 Step forward onto right foot, make a ½ turn pivot left (to the left) and replace weight onto left foot

## FORWARD RIGHT COASTER STEP, BACK LEFT COASTER STEP

- 29&30 Step forward onto right foot, step onto left foot next to right, step back onto right foot  
31&32 Step back onto left foot, step onto right foot next to left, step forward onto left

## REPEAT

## TAG

### After 1st wall

- 1-4 Step forward onto right foot bend knee and shake butt or shoulders 3 times to beat pushing back on 4th count possibly kicking right foot forward

### And then restart

**After 2nd wall**

1-8 Step forward onto right foot bend knee and shake butt or shoulders 7 times to beat pushing back on 8th count possibly kicking right foot forward

**And then restart****After 3rd wall**

1-2 Rock forward onto right foot, replace weight back to left foot

3-4 Rock back onto right foot, replace weight forward onto left foot

5-6 Rock forward onto right foot, replace weight back to left foot

7-8 Rock back onto right foot, replace weight forward onto left foot

9-12 Step forward onto right foot bend knee and shake butt or shoulders 3 times to beat pushing back on 4th count possibly kicking right foot forward

**And then restart****After 4th wall**

1-2 Rock forward onto right foot, replace weight back to left foot

3-4 Rock back onto right foot, replace weight forward onto left foot

5-6 Rock forward onto right foot, replace weight back to left foot

7-8 Rock back onto right foot, replace weight forward onto left foot

9-16 Step forward onto right foot bend knee and shake butt or shoulders to beat 7 times pushing back on 8th count possibly kicking right foot forward

**And then restart**

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