Rolling With The Flow (P)



Count: 52 Wand: 0 Ebene: Partner

Choreograf/in: Roy East (UK)

Musik: Rollin' With the Flow - Charlie Rich

Position: Side By Side

LEFT HOOK, RIGHT HOOK

1-4 Left heel touch forward, left heel cross in front of left ankle, left heel touch forward, left back

in place

5-8 Right heel touch forward, right heel cross in front of left ankle, right heel touch forward, right

touch beside left

RIGHT VINE AT 45 DEGREES, LEFT VINE AT 45 DEGREES

9-12 MAN: Right step right, left step to side, right step to right, left touch beside right

LADY: Three step turn to the right at 45 degrees, right, left, right and touch left beside right

13-16 MAN: Left step to left, right step behind left, left step to left, right step beside left

LADY: Three step turn to the left at 45 degrees, left, right, left, right. Keep weight on right

TWO SHUFFLES

17&18 Left shuffle 19&20 Right shuffle

WINDMILL TURN FULL TURN

Man & lady's steps are now the same

21-24 Lift right hands step with left a quarter turn to the left. Follow through with a quarter turn left

on riaht

Now facing RLOD drop right hands pick up left make quarter turn left on left. Follow through with another quarter turn left on right. You are now facing LOD & resume Side By Side Position

FORWARD SIDE. FORWARD TOGETHER

25-28 Left heel touch forward, left toe touch to the side left heel touch forward, left step beside right

29-32 Right heel touch forward, right toe touch to the side, right heel touch forward, right step

beside left

ROLLING TURNS

33-36 MAN: Step behind lady on right making quarter turn right, step with left making another

quarter turn to face RLOD mark time on spot with a right, left

LADY: Cross right leg over left and walk round man in 4 steps right, left, right, left. Drop right

hands on 3rd step and resume side by side position on 4th step

TWO SHUFFLES

37-40 Right shuffle, left shuffle

ROLLING TURN

41-44 Repeat step pattern 33-36

TWO SHUFFLES

45-48 Right shuffle, left shuffle

STEP SLIDE. STEP SCUFF

49-52 Step forward on right, slide left up behind right (dipping the body at the same time) step

forward on right foot, scuff left past right foot ready to