

# Rollercoaster

**COPPER** **KNOB**  
BY STEPHEN METZ

**Count:** 64

**Wand:** 4

**Ebene:** Intermediate

**Choreograf/in:** Danny Beesley (UK)

**Musik:** Life Is a Rollercoaster - Ronan Keating



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|-----|--|
| 1-4 | Left heel toe twists & clap                  |
| 5-8 | Right heel toe twists & clap                 |
| 1-4 | Left heel & cross twice                      |
| 5-6 | Kick left forward, kick left to side         |
| 7&8 | Left coaster                                 |
| 1-4 | Right heel & cross twice                     |
| 5-6 | Kick right forward, kick right to side       |
| 7&8 | Right coaster turn ( $\frac{1}{4}$ to right) |
| 1-4 | Left & right toe struts                      |
| 5-6 | Side rock left, side rock right              |
| 7&8 | Left sailor step                             |
| 1-4 | Right & left toe struts                      |
| 5-6 | Side rock right, side rock left              |
| 7&8 | Right sailor step                            |
| 1-2 | Step left, $\frac{1}{2}$ turn to left        |
| 3&4 | Left shuffle                                 |
| 5-8 | $\frac{1}{2}$ Monterey turn (to right)       |
| 1-2 | Stomp right foot, kick left foot             |
| 3&4 | Left coaster step                            |
| 5-6 | Step right $\frac{1}{2}$ turn left           |
| 7-8 | Step right $\frac{1}{4}$ turn left           |
| 1&2 | Cross shuffle to the left                    |
| 3-4 | Left rock then right rock                    |
| 5&6 | Cross shuffle to the right                   |
| 7-8 | Rock right, stomp left                       |

**REPEAT**

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