# Rockin' Cowboy



Count: 64 Wand: 4 Ebene:

Choreograf/in: Rick Bates (USA) & Deborah Bates (USA)

Musik: Female Bonding - Brett James



## RAMBLE LEFT, STEP, HOLD, ROCK, HOLD

1-2	Swivel heels to the left; swivel toes to the left
3-4	Swivel heels to the left; swivel toes to the center

5-6 Step forward on right heel; hold7-8 Rock forward on right foot; hold

# ROCK, HOLD, ROCK, HOLD, ROCKS

9-10	Rock back on left heel; hold
11-12	Rock forward on right foot; hold
13-14	Rock back on left heel; rock forward on right foot
15-16	Rock back on left heel; rock forward on right foot

## JAZZ SQUARE, DIAGONAL JUMPING JACKS

17-18	Step across right onto left foot; step back on right foot
19-20	Step to left on left foot; touch right foot next to left
21-22	Jump landing with both feet apart (body facing 10:00- right foot forward at 45 degrees - left foot back at 45 degrees); jump back to center
23-24	Jump landing with both feet apart (body facing 2:00 - left foot forward at 45 degrees - right foot back at 45 degrees) jump back to center

## JUMP, CROSS, UNWIND, STEP, TOUCH, CROSS, UNWIND

25-26	Jump landing with both feet approximately shoulder apart; jump landing with right foot across front of, and besides left foot
27-28	Pivot ½ turn to left (turn on balls of both feet, ending with weight on left foot); hold and clap
29-30	Step to the right on right foot; touch left foot next to right
31-32	Cross left foot over right; pivot ½ turn to right, shift weight to left foot

#### SHUFFLE BACK, STEP, TOUCH, STEP, TOUCH, CROSS, UNWIND

33-34	Shuffle back (right, left, right)
35-36	Step back on left foot; touch right foot next to left
37-38	Step on the right on right foot; touch left foot next to right
39-40	Cross left foot over right; pivot ½ turn to right, shift weight to left foot

## SHUFFLE BACK, STEP, TOUCH, RIGHT VINE

Shuffle back (right, left, right)
Step back on left foot; touch right foot next to left
Step to right with right foot; step left foot behind right
Step to right with right foot; touch left heel next to right

## SWIVETS, LEFT VINE, SWIVETS

49-50	With weight on ball of right foot and heel of left foot, swivel to the left; swivel back to center
51-52	Step to the left with left foot; step right foot behind left
53-54	Step to left with left foot; touch right heel next to left
55-56	With weight on ball of left foot and heel of right foot, swivel to the right; swivel back to center

## STEP, PIVOT, STEP, PIVOT, ROCK STEP, STOMPS

57-58 Step back onto right toes; pivot ½ turn to right on ball of right foot

59-60	Step forward on left foot; pivot ¼ turn to right on ball of right foot
61-62	Step forward on left foot; rock back on right foot
63-64	Stomp left foot; stomp right foot

## **REPEAT**