

Rock-Don't Stop!

Count: 40

Wand: 4

Ebene:

Choreograf/in: Peter Metelnick (UK)

Musik: See Rock City - Rick Trevino



ROCK RIGHT FORWARD & BACK, RIGHT SIDE TOGETHER SIDE

- 1-2 Step right foot forward and rock forward, recover weight on left foot
- 3-4 Step right foot back and rock back, recover weight on left foot
- 5-6 Step right foot to right side, hold
- & Step left foot together
- 7-8 Step right foot to right side, hold & clap with weight ending on right foot

ROCK LEFT FORWARD & BACK, LEFT SIDE TOGETHER SIDE

- 1-2 Step left foot forward and rock forward, recover weight on right foot
- 3-4 Step left foot back and rock back, recover weight on right foot
- 5-6 Step left foot to left side, hold
- & Step right foot together
- 7-8 Step left foot to left side, hold & clap with weight ending on left foot

¼ RIGHT & FORWARD SHUFFLE, ROCK LEFT FORWARD, SIDE TOUCHES TRAVELING BACK

- 1&2 Turn ¼ right and step right foot forward, step left foot together, step right foot forward
- 3-4 Step left foot forward and rock forward, recover weight on right foot
- 5-6 Touch left toes to left side, hold & clap
- & Cross step left foot behind right heel
- 7-8 Touch right toes to right side, hold & clap

ROCK RIGHT BACK, RIGHT FORWARD, ½ LEFT PIVOT TURN, RIGHT FORWARD SHUFFLE, LEFT HEEL GRIND

- 1-2 Step right foot back and rock back, recover weight on left foot
- 3-4 Step right foot forward, pivot ½ left
- 5&6 Step right foot forward, step left foot together, step right foot forward
- 7-8 Touch left heel forward turning toes from right, to left

LEFT FORWARD SHUFFLE, RIGHT HEEL GRIND, RIGHT BACK SHUFFLE, LEFT COASTER STEP

- 1&2 Step left foot forward, step right foot together, step left foot forward
- 3-4 Touch right heel forward turning toes from left, to right
- 5&6 Step right foot back, step left foot together, step right foot back
- 7&8 Step left foot back, step right foot together, step left foot forward

REPEAT
