

Rock Me Gently

Count: 32

Wand: 2

Ebene: Improver

Choreograf/in: Jean Edwards (USA)

Musik: Rock Me Gently - Neil Diamond



ROCK, RECOVER, ½ TURNING SHUFFLE, TIMES 2

- 1-2 Rock forward on right, recover on left
- 3&4 Right ½ turning shuffle, right-left-right
- 5-6 Rock forward on left, recover on right
- 7&8 Left ½ tuning shuffle, left-right-left

CROSS ROCK, TIMES 2, LEFT ¾ TURNING SHUFFLE, ROCK, RECOVER

- 1-2 Cross rock right over left, recover on left
- &3-4 Step right, cross rock left over right, recover on right
- 5&6 ¾ turn left turn, shuffling left-right-left
- 7-8 Rock forward on right, recover on left

LINDY RIGHT, LINDY LEFT

- 1&2 Right shuffle, right-left-right
- 3-4 Rock back on left, recover on right
- 5&6 Left shuffle, left-right-left
- 7-8 Rock back on right, recover left

SIDE ROCK, STEP ¼ TURN LEFT, ROCK FORWARD, RECOVER, RIGHT BACK ROCK, ¼ TURN LEFT, STEP, STEP RIGHT FORWARD PIVOT ¼ LEFT, STEP

- 1-2 Rock right to right side, step left making ¼ turn
- 3-4 Rock forward right, recover on left
- 5-6 Rock back on right, make ¼ turn left stepping left beside right
- 7-8 Step forward on right pivot ¼ turn left, step left beside right (take weight)

REPEAT
